



## Honorees Named For Grande Dames Tea

**P**ACE Center for Girls, Lee County recently announced Linda Brown, Doris Colgate and Mary Fischer as the honorees of its 2019 Grande Dames Tea. The three women will be recognized for their roles in business, community and philanthropy at Pace's annual Grande Dames Tea celebration on Tuesday, March 26.

"Linda, Doris and Mary have made significant impacts in Southwest Florida through their decades of philanthropic service and success," said Meg M. Geltner, executive director at PACE Center for Girls, Lee County. "Celebrating the wisdom of time, the Grande Dames Tea event provides a unique opportunity for honorees to share insight from their individual life journeys, passing their knowledge along to future generations as we come together to honor the female spirit."

Brown, 76, is known for her lifetime of service to her country, medical field and Southwest Florida community. With decades of experience as an advanced registered nurse practitioner and health care provider, Brown is also a veteran



**Linda Brown**

photos provided

of the U.S. Navy Reserve Nurse Corps, where she served for 12 years as a naval officer.

She moved to Southwest Florida in 1991 and soon recognized a need for the nursing community to be better represented within the health care field, which led to her election to the Lee Memorial Health System's (now Lee Health) Board of Directors in 2000. She



**Doris Colgate**

had the rewarding opportunity to serve as a voice for her fellow nurses for 12 years, four of which were spent as board chair and three also spent on the American Hospital Association's regional committee.

Today, she serves on the board for Lee Community Healthcare and regularly volunteers at St. Luke's Episcopal Church, Golisano Children's Hospital and provides pet therapy at Hope Hospice through its



**Mary Fischer**

PACE program. She is a mother of three children as well as a grandmother.

Colgate, 77, is the co-owner, chief executive officer and president of Offshore Sailing School, recognized as a trailblazer in the sailing industry and an ardent supporter of the Southwest Florida community. Colgate and her husband, Steve, moved to Southwest Florida

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**The Calidore String Quartet**

photo provided

## Award-Winning String Quartet To Perform At Center

**T**he Calidore String Quartet will perform at the Sidney & Berne Davis Art Center (SBDAC) for a one-night-only performance on Friday, February 22. Cocktail hour is at 7 p.m. followed by the performance at 8 p.m.

The Calidore String Quartet has won accolades across the globe that firmly

establishes them as one of the finest chamber music ensembles performing today. Violinists Jeffrey Myers and Ryan Meehan, violist Jeremy Berry and cellist Estelle Choi made international headlines as the winner of the \$100,000 grand prize of the inaugural M-Prize International Chamber Music Competition in 2016, the largest prize for chamber music in the world.

Long before joining the Calidore String Quartet, Meehan was a violin student of Kara Griffith, wife of SBDAC Director

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## Estates Winter Garden Festival



**The Garden Festival returns this weekend** photo courtesy [www.edisonfordwinterstates.org](http://www.edisonfordwinterstates.org)

**E**dison and Ford Winter Estates will hold its annual winter Garden Festival on Saturday, February 9 from 9 a.m. to 5 p.m. and Sunday, February 10 from 9 a.m. to 4 p.m. More than 40 garden vendors from all over the state of Florida will have exotic, tropical and native plants and trees for sale.

"If you're looking for a really unique plant that you don't already have, this is the place to find it," said Debbie Hughes, senior horticulturist with Edison and Ford Winter

Estates. "Vendors and staff will be available to answer questions and help visitors find the right plants for their gardens."

The Edison Garden Shoppe is stocked with unusual tropical, Florida native and other plants that have been proven to thrive in Southwest Florida. Ceramic flower pots, vegetable and flower seeds, garden art and gardening gift items will also be available.

Vendors will be selling all types of plants and trees, including palms, fruit trees,

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Historic Downtown Fort Myers, Then And Now:

# Eminent Four Gather For Thomas Edison’s Birthday



by Gerri Reaves, PhD

Even before the 1st annual Edison Festival and Pageant of Light in February 1938, Fort Myers had long been in the habit of formally recognizing its most famous citizen, Thomas A. Edison, each year on his birthday on February 11. After his death in 1931, Fort Myers continued to honor him on or around that date with an array of events, from memorial services to today’s Festival of Light. The special date conveniently coincided with his and Mina Edison’s seasonal visits.

Edison’s 82nd birthday in 1929 was one of the more newsworthy, for U.S. President-elect Herbert Hoover, automobile manufacturer Henry Ford and tire manufacturer Harvey Firestone made a point of being in town for the birthday celebration.

Of course, Hoover attracted the most attention, for he was to be inaugurated in only a few weeks. (At that time, presidential inaugurations were held in March.)

Hoover’s name congers up thoughts of the Great Depression, but to understand the mood of February of that year, consider that it was not until the stock-market crash of October 29 that the national economy plunged.

Bear in mind, however, that Florida’s economy was already in a prelude to the Depression due to the 1926 and 1928 hurricanes.

Hoover sailed to Fort Myers on his yacht *Saunterer* from Miami. He was a guest of the Edisons at their winter estate, Seminole Lodge, and joined in the festivities planned for the inventor’s birthday. Henry Ford arrived for his seasonal visit and was in residence at his own winter estate next door to the Edisons.

The inventor made it known that he wanted time alone with his special guests. hat contrasted with the usual media frenzy that occurred when Edison participated in public events. Newsreel film crews often showed up in Fort Myers when Edison was in residence. While he gave his usual birthday interview, he allowed no photographers or newsreel crews to be present. And, for the duration of Hoover’s short visit, no visitors or



Today a law firm occupies the Belmar Building on Broadway where people eagerly awaited a glimpse of Edison, Hoover, Firestone and Ford in 1929

photo by Gerri Reaves

journalists were allowed.

Only the local press was invited to the birthday dinner at his home.

Of particular concern was the inventor’s health, especially given his age and the fact that each day he still put in a hard day’s scientific work.

The presence of four famous men, nevertheless, focused the nation’s attention on Fort Myers and attracted not only news crews but large numbers of tourists.

Events planned in his honor included a musical recital by famed lyric baritone Verman Kimbrough and the dedication of the Thomas Goolsby Boy Scout Memorial Building in City Park, the latter attended by Barron G. Collier. In the evening, Edison generated even more news with a nationally broadcast radio address from Seminole Lodge.

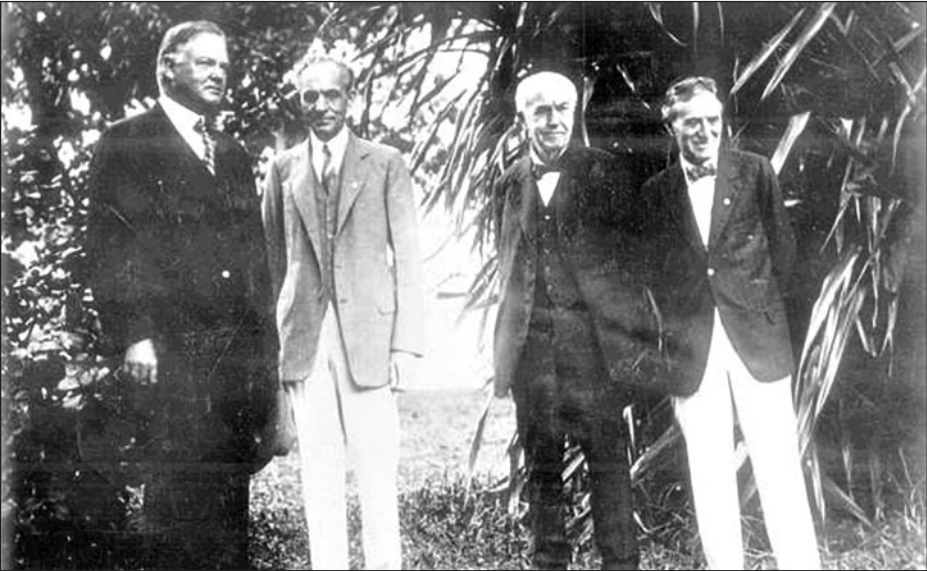
Perhaps the biggest event of the day, however, was a grand parade in lieu of the

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A six-car parade travels south on Broadway on February 11, 1929, Thomas A. Edison’s 82nd birthday. The inventor and U.S. President-elect Herbert Hoover rode in one car. The cars are about to enter the intersection at Main Street.

photo courtesy SWFL Historical Society



From left, President-elect Herbert Hoover, Henry Ford, Thomas A. Edison and Harvey S. Firestone at the Edison estate on February 11, 1929

photo courtesy Florida State Archives

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Students performing at Musical Theatre Intensive Camp

photos provided

## Alliance To Open Registration For Camp Summer

The Alliance for the Arts is offering Summer Arts Camp for first to sixth graders and Musical Theatre Intensive Camp for seventh to 12th graders. Registration opens for both camps in February.

Summer Arts Camp allows children to explore art, culture and performance during eight different weekly sessions for an exciting summer experience. Weeks are packed with an eclectic mix of performing activities like storytelling, improv games and stage combat. Campers will also have the unique opportunity to follow traditional and contemporary art masters through

sketching, mixed media, collage and more.

"Kids will love creating one-of-a-kind masterpieces, making new friends, exploring our galleries, learning from special guests and so much more," said assistant director Brandi Couse.

Alliance camps are held in June and July from 9 a.m. to 4 p.m. with extended care available from 8 a.m. until 5 p.m. for a fee. There is an art exhibition and final stage performance each Friday afternoon.

Summer Arts Camp, held at the Alliance, is \$160 per week for Alliance members or \$200 per week for non-members. Become a member to receive early registration and a 20 percent discount.

Themes include:

June 3 to 7 – Dali In Wonderland

June 10 to 14 – Greek Lightening and Roman Rumble

June 17 to 21 – Once Upon a Starry



Creativity is the norm at Summer Arts Camp

Night

June 24 to 28 – Glitz and Gritty in the City

July 8 to 12 – Knights of the Renaissance Table

July 15 to 19 – Enchanted Sands, Enchanted Lands

July 22 to 26 – Show Me the Monet

July 29 to August 2 – ARTlantis

Musical Theatre Intensive camp is held at Broadway Palm's rehearsal space in Royal Palm Plaza and offers students the unique opportunity to work with Broadway Palm's resident choreographer and with actors from current Broadway Palm shows. Camp runs 9 a.m. to 4 p.m. Monday through Friday. Daily arrival time is 8:45 to 9 a.m. with no extended care available. There is a final performance each Friday at 3 p.m. Each week is \$175 for Alliance members or \$220 for non-members.

Themes include:

July 8 to 12 – Beauty and the Beast I

July 15 to 19 – Beauty and the Beast II

July 22 to 26 – Pop Rock

July 29 to August 2 – Let's go to the Movies – Season Pass

For both camps, Alliance member registration opens February 11. Non-member registration opens February 25.

You may become a member at [www.artinlee.org/join](http://www.artinlee.org/join) to take advantage of discounts. Teen volunteer and scholarship applications are also available beginning February 26.

Summer Arts Camp is sponsored by Family Thrift Center in Fort Myers.

The Alliance located at 10091 McGregor Boulevard in Fort Myers. Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. For more information, visit [www.artinlee.org/summercamp](http://www.artinlee.org/summercamp) or call 939-2787.\*

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School children perform for Thomas Edison on his birthday in Fort Myers photo provided

## Edison’s 172nd Birthday To Be Celebrated

The Edison and Ford Winter Estates will host Thomas Edison’s 172nd birthday on Monday, February 11 at 10 a.m. As part of the celebration, students from the Edison Park Creative and Expressive Arts School will sing, dance and play stringed instruments, and birthday cake will be served. Edison’s birthday is an Edison Festival of Light-sanctioned event. The

festival honors Thomas Edison, his achievements and his contributions to Fort Myers. Historically, local school children performed for Edison on his birthday. Today, the school’s rich program encourages students to excel in all curricula by integrating the performing and visual arts. More than 10 years ago, teachers from the school reinstated the historic dance program that features music and dance of the Edison Era as well as contemporary favorites. The birthday party is a free public event with limited seating. It does not include tours or admission to the

museum or lab. The party is sponsored in part by the Edison Festival of Light, the organization founded in 1938 that holds annual events to memorialize Thomas Edison. The Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, call 334-7419 or visit [www.edisonford.org](http://www.edisonford.org).

## IMAG Exhibit On Local WWII Participation

The IMAG History and Science Center (IMAG) has a new, permanent exhibit titled WWII in Southwest Florida. The exhibit features rarely-before-seen local artifacts showcasing the impact of the war on residents of the Fort Myers community. The exhibit includes a series of narrative panels outlining war efforts at two local landmarks, Paige and Buckingham fields. The display also highlights a Flexible Gunnery training video typical of what World War II (WWII) era soldiers experienced, prominent radio addresses and WWII Army Air Force uniforms. The exhibit is the result of a collaboration between the IMAG and the Florida Gulf Coast University History Program. “This new exhibit gives insight into the rich history of Fort Myers and the contributions made by locals throughout World War II. We anticipate it will be of much interest to residents and visitors of Southwest Florida. We are fortunate to have many veterans of WWII in the area, including some of whom trained for the war at Buckingham and Page fields. We trust this exhibit will provide new insights into this era in national and local history and serve as a reminder of the sacrifice

made by so many in this region,” said IMAG Executive Director Matt Johnson. Step back in time and get a glimpse of the many facets of war. Visitors can expect to experience WWII radio addresses that include a variety of speeches from the 1940s, such as Franklin D. Roosevelt’s address to Congress and the NBC Radio announcement of D-Day. The exhibit showcases the history of Buckingham Field as it evolved from an aerial gunnery school to the headquarters of Lee County Mosquito Control District. Guests will have the opportunity to view photos depicting the transformation of Page Field from an emergency landing strip during the heart of the war to a full-fledged air force base. Entry to the exhibit is included with the price of admission to the IMAG. Cost of entrance is \$14 for adults, \$12 for seniors ages 55 and older, and \$10 for children ages 3 through 12. IMAG History and Science Center is located at 2000 Cranford Avenue in Fort Myers. For more information, visit [www.theimag.org](http://www.theimag.org).

## Pancake Breakfast Sunday

Bayside Estates Men’s club will host its monthly Pancake Breakfast in the Bayside Recreation Hall on Sunday, February 10 from 8 to 11 a.m. The public is invited. For \$5, participants can order scrambled eggs, sausages, coffee, orange juice and all-you-can-eat pancakes. For only \$1 more, get a made to order omelet. Bayside Estates is located at 17601 San Carlos Boulevard on the way to Fort Myers Beach.

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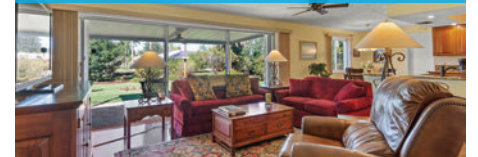
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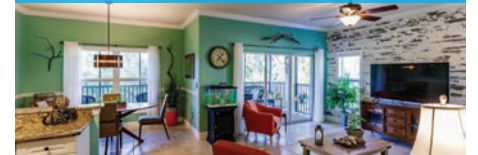
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Fort Myers Art:

# Lovegrove Retrospective Now On Exhibit



by Tom Hall

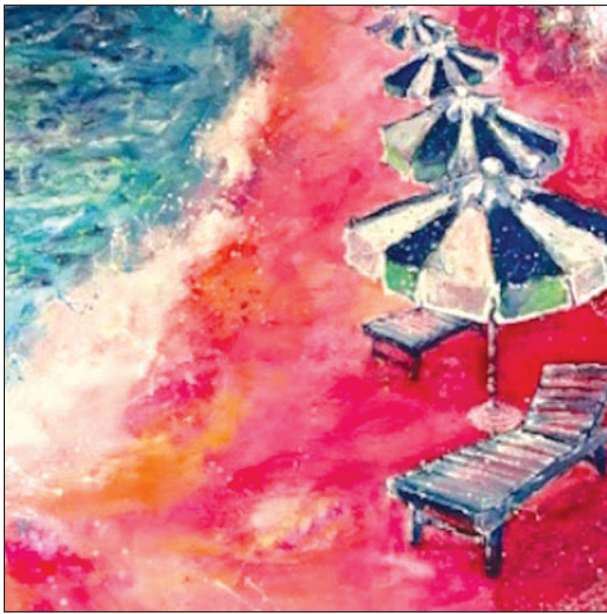
How does a woman recover from a breast cancer diagnosis, emergency surgery and radiation therapy? Well, if she's Matlacha Impressionist Leoma Lovegrove, it's by staging an impressive retrospective of her work at an equally impressive venue. Here, There and Everywhere is now on view at ONE/Allure's Sales Center in the downtown Fort Myers'

River District.

"We are humbled and honored to have Leoma Lovegrove exhibiting her beautiful high-energy art here at our sales gallery," stated Barbara Bengochea-Perez, director of sales and marketing for ONE/Allure. "I have personally been a longtime fan of her work, and we know that everyone in the community will be excited to see her work return to downtown Fort Myers."

Lovegrove last exhibited a retrospective of her work at the Sidney & Berne Davis Art Center in January 2017. Palettes: Past, Present & Pursuits included more than 200 paintings, 2D and 3D mixed media works, sculpture and art clothing and holds the distinction of being one of the Davis Art Center's most popular and well attended shows.

The ONE/Allure's Sales Center will feature roughly 60 pieces of Lovegrove's most representative work, displayed in a refined upscale residential setting that evokes the discriminating taste that will define the 34 spacious SkyRises – two residences per floor that Miami-based developer JAXI Builders expects to include in its 21-story waterfront residences that will be available for only a



Artwork by Leoma Lovegrove

photo courtesy www.artswfl.com

fortunate few.

"I've always wanted to exhibit in the historic City Pier building," Lovegrove said. Prior to serving as ONE/Allure's sales office, the two-story building was home to Al Oerter's Art of the Olympians. The facility and associated dock was originally constructed as a ferry terminal for a shuttle service to Key West.

The artist went public with her diagnosis and treatment to encourage women to be assertive when it comes to their health and speak up if something doesn't feel quite right. Leoma insisted on an MRI after being told that nothing was wrong and to check back in six months.

Lovegrove has long been an advocate for cancer awareness and recovery. Not only does she observe National Cancer Survivors Day each June and Breast

Cancer Awareness Month each October, the artist lost a sister to cancer several years ago.

Possessed of a deep and abiding faith and unyielding work ethic, Lovegrove now feels that painting and exhibiting her artwork is the best medicine for her complete recovery. Known as the People's Painter, Leoma is inspired by the public to pick up a brush and create for the greater good.

Towards that end, she plans to be in the house for each Art Walk and Music Walk during the 2019-20 seasons to meet and greet visitors and perform Paint Out Loud events.

Lovegrove is an impressionist-expressionist painter known worldwide for her vivid colorful paintings. Nationally, her works are represented in numerous galleries. Her portrait of Jimmy Carter hangs in his Presidential Library in Atlanta. Her work is also included in the private collection of the White House in Washington, DC, in President George W. Bush's Presidential Library in Dallas, Texas, and has also graced the windows at Rockefeller Center in New York City.

Internationally, Lovegrove was commissioned to paint a portrait of Richard Branson for the Virgin Airlines headquarters in London. Her Beatles series drew the attention of the city of Liverpool. She was the first American to paint on the replica of Claude Monet's floating studio in Giverny, France, and she was honored to be the first American artist to exhibit, *An American in Giverny*, in the famous Pierre Bonnard home in Vernon, France.

Here, There and Everywhere will hang for two years, with new pieces added during holidays. All artwork is for sale.

ONE/Allure Sales Center is located at 1300 Hendry Street in Fort Myers. Visit [www.oneftmyers.com](http://www.oneftmyers.com) for more information.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✴

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From page 2

## Historic Downtown

usual public birthday party for Edison. The half-hour, six-car parade included five Lincoln automobiles supplied by Henry Ford. The procession traveled from the Edison Estate east to Evans Avenue and then looped back.

Local dignitaries, such as Mayor Elmer Hough, traveled in the first car, with Hoover and the inventor occupying the second car. The president-elect's personal secret service men followed up in the third. Mrs. Edison and Mrs. Hoover rode together, and the Fords and Firestones each had a car.

Herbert Hoover, Jr. and Mr. and Mrs. Edgar Ricard, New York friends of the president-elect, occupied a car too.

An estimated 20 thousand people turned out along the route. Schools were let out for the parade. In fact, Edison and Hoover paused to interact with school children stationed at several points along the way.

Heading west on First Street, the procession paused for Rossie Lewis Evans Alderman to present Mrs. Hoover with a bouquet of roses as she passed her home. (Note: That historic home has recently been converted into a bed and breakfast.)

The historic photo shows several of the cars in front of the Belmar Building on Broadway in the final stretch of the parade. The cars are approaching the intersection at Main Street, where they turned west to return to the Edison home.

The city would not have many more celebrations of Edison during his lifetime. Two years later, he made his last trip to Fort Myers and dedicated the Edison Bridge on his birthday. He died later that year.

The city has held memorials and celebrations in his honor until this day.

Walk down to Broadway and imagine the excitement when Hoover, Firestone, Ford, and a crowd of thousands converged to honor Edison. Then visit the following two research centers to learn about Fort Myers's long relationship with its most famous citizen.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [www.swflhistoricalsociety.org](http://www.swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Sources: Archives of the Southwest Florida Historical Society and *The News-Press*.✴





From left, Rosemary Newcott, the Sally G. Tomlinson director of theatre for youth and families at Atlanta's Alliance Theatre, is pictured with Creative Theater Workshop students Eleanor Kahle, Rachel Burnes and Isabel Isenhower

photos by James Barker Photography

## Local Students Win Awards At Theater Festival

Students from Melody Lane Performing Arts Center in Cape Coral and Creative Theater Workshop and Florida Rep Education in Fort Myers won national awards and recently earned recognition at the 2019 Junior Theater Festival in Atlanta. The festival united 6,600-plus students and educators from 133 educational musical theater groups representing 28 states, Australia, China, New Zealand and the

United Kingdom.

Melody Lane Performing Arts Center received a Freddie G Outstanding Production award and performed for all 6,600 attendees during the festival's closing ceremony. Melody Lane Performing Arts Center's Christine Mazuryk received a Freddie G Award for Excellent Individual Performance by a Female.

Creative Theater Workshop's Rachel Burnes, Eleanor Kahle and Isael Isenhower received the Freddie G Award for Outstanding Student Direction and Choreography.

Florida Rep Education received a Freddie G Award for Excellence in Dance.\*



From left, Educational consultant for iTheatrics Cindy Ripley, Florida Rep's Christina Decarlo and Keehn Jackson, and managing director of Music Theatre International Australasia Stuart Hendricks



Melody Lane Performing Arts Center students with their award



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## Along The River

The Fort Myers Symphonic Mastersingers and officials of the Edison Festival of Light will hold the **Edison Celebration of Light Concert** at **CityGate Church** this Friday, February 8 at 7 p.m. The program will focus on light-themed musical selections while investigating the creative process. The concert is free with a good will offering taken up during the evening.

The program will be presented by the full Mastersingers chorus of over 80 singers along with several selections by the group's Chamber Chorus under the direction of longtime Artistic Director Jeff Faux. Janet Carter on the piano will lend her virtuosic accompanying talents to the mix.

CityGate Church is located at 1735 Jackson Street in Fort Myers. For more information, visit [www.mastersingersfm.com](http://www.mastersingersfm.com).

Join a bird patrol guide at **Bunche Beach** for a **free beach walk** this Saturday, February 9 at 8 a.m.

The bird walk is provided in cooperation with Lee County Parks and Recreation. Parking is \$2 per hour, and the tour is approximately two hours. Meet on the beach located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it dead ends.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information, call 707-3015



The Lee County Junior Drill Team at the 2018 Edison Festival of Light Junior Parade

photo courtesy [www.edisonfestival.org](http://www.edisonfestival.org)

or visit [www.birdpatrol.org](http://www.birdpatrol.org).

Lee County Parks & Recreation will hold a **Recreation and Wellness Expo** at the **North Fort Myers Recreation Center** this Saturday, February 9 from 9 a.m. to noon. This event is free and open to the public.

There will be music, demonstrations of popular classes, healthy food tastings and information on what the North Fort Myers community has to offer.

North Fort Myers Recreation Center is located at 2000 North Recreation Way in North Fort Myers. For more information, call 533-7200.

**The Edison Festival of Light**

**Junior Parade**, Florida's largest youth parade, will feature floats, marching bands, dancers, street performers, clowns and dignitaries marching through the **downtown Fort Myers** this Sunday, February 10 from 2:30 to 4:30 p.m.

The annual event has been taking place in Southwest Florida since the 1940s and gets better every year.

For more information or applications, visit [www.edisonfestival.org/events/2019/junior-parade2](http://www.edisonfestival.org/events/2019/junior-parade2).

Lee County Community Band presents *Music, The Language of Love!* at Cape Coral High School this Sunday,

February 10 at 3 p.m.

Under the direction of Richard Bradstreet, the band will perform a selection of romantic Gershwin tunes, including *Embraceable You* and *Somebody Loves Me*, highlights from *Carousel* and a medley of romantic favorites including *For Me and My Gal* and *Pretty Baby*. The program also will feature lively marches, a sing-along, and a presentation by vocalist Norman Jones.

The concerts are free – with accepted donations – and open to the public.

Cape Coral High School is located at 2300 Santa Barbara Boulevard in Cape Coral. For more information, visit [www.leecountyband.org](http://www.leecountyband.org).

John Carfi, veteran of standup comedy, will headline the 3rd annual **Rock Our Vets Fundraiser at The Laugh In Comedy Café** this Sunday, February 10. Doors open for dinner and best seating at 6 p.m.

Carfi has appeared on numerous TV shows including *Comedy Central's Standup Standup*, *Entertainment Tonight*, *The Ricky Lake Show* and *The Statler Brothers Show*. Sheena Reagan also appears.

Rock Our Vets is a 501(c)3, all-volunteer veteran support organization, founded by musician Dave Mason and Ted Knapp.

The Laugh In Comedy Café is located at 8595 College Parkway, Unit 270 in Fort Myers. To reserve tickets, email [george@rockourvets.org](mailto:george@rockourvets.org). For more information, visit [www.facebook.com/rockourveterans](http://www.facebook.com/rockourveterans).✱

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## Library System Attains Milestone in Checkouts

Rakuten OverDrive announced recently that Lee County Library System reached a record-breaking 1 million digital book checkouts in 2018. This accomplishment illustrates the continued growth and importance of library digital lending of ebooks and audiobooks. Lee County Library System is one of 65 public library systems worldwide that surpassed 1 million checkouts.

Lee County Library System has been

providing readers 24/7 access to ebooks and audiobooks for several years. Reader interest and usage has grown every year.

The highest-circulating ebook Lee County Library System readers borrowed through OverDrive in 2018 was *The Midnight Line* by Lee Child. The top-circulating genre, thrillers, represents the most popular in a vast catalog that also includes mystery, romance and children/young adult.

The top 5 ebook titles borrowed through Lee County Library System's digital collection in 2018 are as follows:

1. *The Midnight Line* by Lee Child
2. *Two Kinds of Truth* by Michael Connelly

3. *The Whistler* by John Grisham
4. *The Rooster Bar* by John Grisham
5. *The Fix* by David Baldacci

The top 5 audiobook titles borrowed through Lee County Library System's digital collection in 2018 are as follows:

1. *Camino Island* by John Grisham
2. *Before We Were Yours* by Lisa Wingate

3. *End Game* by David Baldacci
4. *The Whistler* by John Grisham
5. *The Fix* by David Baldacci

Readers in Lee County just need a valid library card to access digital books from Lee County Library System's OverDrive-powered digital collection. Readers can use any major device, including Apple(R), Android Chromebook and Kindle(R). Visit <http://lcls.overdrive.com> or download the Libby app to get started and borrow ebooks and audiobooks anytime, anywhere.✱

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Genevieve Bowen photos provided

# Memories Of WWII To Highlight Cracker Dinner

Recollections of what it was like to grow up in Fort Myers during World War II will be the focus of the Southwest Florida Historical Society’s annual Cracker Dinner at Broadway Palm Dinner Theatre on Monday, February 18. Buffet dinner starts at 5:30 p.m., while the program begins at 7:15 p.m. Genevieve Bowen, who was born



Genevieve Bowen at age 5

in Fort Myers, will recall her childhood memories of servicemen in Fort Myers at Buckingham Air Field (now Lee County Mosquito Control), practices for potential air raids and traffic jams downtown on VJ Day (Victory in Japan) along with other memories of Fort Myers in the 1940s. Her presentation will be accompanied by patriotic music performed by Barbara Peterson at the piano with vocals by Roger Peterson, John Goulet and Beverly Cox. Tickets are \$35 and available at Barbee & Sons, 1936 Grace Avenue in Fort Myers; Sam Galloway Ford,

1800 Boy Scout Drive in Fort Myers; and the Southwest Florida Historical Society (Alliance for the Arts), at 10091 McGregor Boulevard in Fort Myers. Checks may also be mailed to the Southwest Florida Historical Society, P. O. Box 1381, Fort Myers, FL 33902. Tickets can be picked up at the door on February 18.

The annual Cracker Dinner is sponsored by Barbee & Sons, Sam Galloway Ford, George T. Mann General Contractor, and Susan Bennett Marketing & Media, LC.

Funds raised at the annual dinner will be used to support the mission of the Southwest Florida Historical Society, which is dedicated to preserving the history of our area by archiving donated historical documents, photos and maps and stimulating public interest and appreciation for local history

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information, visit [www.facebook.com/swflhs](http://www.facebook.com/swflhs) or call 939-4044.✧

# Sale To Benefit Hope Healthcare

Hope Chest resale stores in Bonita Springs, South Fort Myers and North Fort Myers are celebrating Valentine’s Day with a 50 percent discount off most items on Thursday, February 14. Hope Chest stores feature designer-brand clothing and accessories, quality

furniture and home décor including lighting, silk flowers and artwork, sporting equipment, antiques and unique collectibles. No coupons are necessary for the sale, and some exceptions may apply. Hope Chest at the Crossings is located at 28520 Bonita Crossings Boulevard in Bonita Springs. The North Fort Myers Hope Chest is located at 13821 North Cleveland Avenue in North Fort Myers. The newest Hope Chest is located at 14540 South Tamiami Trail in South Fort Myers.

Proceeds from Hope Chest benefit unfunded programs and services of Hope Healthcare, which provides exceptional care and support to individuals and their loved ones as they fulfill life’s journey.

For information about volunteer opportunities, store hours or donating items, call 482-4673 or visit [www.hopehcs.org](http://www.hopehcs.org).✧

# Church To Honor Scouts

As an expression of gratitude for building character in our youth, the Unitarian Universalist Church of Fort Myers is inviting all youth scouts, their leaders and their families to join the church in its Sunday service at 10:30 a.m. to show appreciation. Coffee and good fellowship afterwards. Unitarian Universalist Church of Fort Myers is located at 13411 Shire Lane in Fort Myers. Call 561-2700 or email minister [uucfm.org](mailto:uucfm.org) for more information.✧

# Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION**  
Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., [www.allfaiths-uc.org](http://www.allfaiths-uc.org), 2756 McGregor Boulevard, 226-0900.  
**ALL SAINTS BYZANTINE RITE CATHOLIC**  
Sunday 10:30 a.m., 10291 Bayshore Road, 305-651-0991.  
**ANNUNCIATION GREEK ORTHODOX**  
Sunday 9 and 10 a.m., [www.annunciation.flgoarch.org](http://www.annunciation.flgoarch.org), 8210 Cypress Lake Drive, 481-2099.  
**BAT YAM-TEMPLE OF THE ISLANDS**  
Friday Shabbat at 7 p.m. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 579-0296.  
**BETH SHILOH MESSIANIC SYNAGOGUE**  
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.  
**BIBLESHARE**  
10 a.m. Sunday and 7 p.m. Tuesday, [www.simplysimpleworship.com](http://www.simplysimpleworship.com), 7050 Winkler Road, Suite 121, 437-8835.  
**BREAD OF LIFE MINISTRIES**  
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.  
**CHABAD LUBAVITCH ORTHODOX**  
Friday 6:30 p.m., [www.chabadswf.org](http://www.chabadswf.org), 5620 Winkler Road, 433-7708.  
**CHAPEL OF CYPRESS COVE**  
Sunday 10 a.m., [www.revtedalhouse@aol.com](mailto:www.revtedalhouse@aol.com) 10200 Cypress Cove Circle, 850-3943.  
**CHURCH OF THE CROSS**  
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.  
**CONGREGATIONAL**  
Sunday 10:30 a.m., [www.taecc.com](http://www.taecc.com), 1619 Llewellyn Drive, 334-4978.  
**COVENANT PRESBYTERIAN**  
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.  
**CYPRESS LAKE BAPTIST**  
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.  
**CYPRESS LAKE PRESBYTERIAN**  
Sunday 8, 9, 10 and 11 a.m. [www.clpc.us](http://www.clpc.us), 8260 Cypress Lake Drive, 481-3233.  
**CYPRESS LAKE UNITED METHODIST**  
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.  
**FAITH FELLOWSHIP WORLD OUTREACH**  
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m., 6111 South Pointe Boulevard, 278-3638.  
**FAITH UNITED METHODIST**  
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.  
**FIRST CHURCH OF CHRIST, SCIENTIST**  
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., [www.christiansciencefortmyers.net](http://www.christiansciencefortmyers.net), [www.christianscience.com](http://www.christianscience.com). 2390 West First Street, 334-6801.  
**FIRST CHURCH OF THE NAZARENE**  
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.  
**FIRST UNITED METHODIST CHURCH**  
Sunday 9:30 a.m. and 5:30 p.m. [www.fumcftmyers.org](http://www.fumcftmyers.org), 2466 First Street, 332-1152.  
**FORT MYERS CHRISTIAN**  
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.  
**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;**  
Sunday 10 a.m., 8210 College Parkway, 482-3133.  
**FIRST PRESBYTERIAN CHURCH OF FORT MYERS**  
11 a.m. Sunday, [www.fpcfortmyers.org](http://www.fpcfortmyers.org), 2438 Second Street, 239-334-2261  
**IONA-HOPE EPISCOPAL CONGREGATION**  
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.  
**JESUS THE WORKER CATHOLIC**  
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.  
**KINGDOM LIFE**

Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.  
**LAMB OF GOD**  
Sunday 7:45 and 10 a.m., [www.lambofgodchurch.net](http://www.lambofgodchurch.net), 19691 Cypress View Drive, 267-3525.  
**NEW BEGINNINGS CENTER**  
Friday 6:30 and 7 p.m. [nbcministry@embarqmail.com](mailto:nbcministry@embarqmail.com), [facebook.com/nbcministry](http://facebook.com/nbcministry), 8505 Jenny Cae Lane, 656-0416.  
**NEW COVENANT EYES**  
Monthly 9 a.m., [www.newcovenanteyes.com](http://www.newcovenanteyes.com), 1900 Park Meadows Drive, 220-8519.  
**NEW HOPE BAPTIST**  
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.  
**NEW HOPE PRESBYTERIAN**  
Sunday 8, 9:30 and 11 a.m., [www.newhopefortmyers.org](http://www.newhopefortmyers.org), 10051 Plantation Road, 274-1230.  
**PEACE COMMUNITY**  
Sunday 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com), 17671 Pine Ridge Road, 267-7400.  
**PEACE LUTHERAN**  
Sunday 8 and 10 a.m., [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com). 15840 McGregor Boulevard, 437-2599.  
**REDEEMER LUTHERAN**  
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.  
**RIVER OF LIFE ASSEMBLY OF GOD**  
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.  
**SAMUDRABADRA BUDDHIST CENTER**  
Meditation classes. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org), 567-9739.  
**SAINT COLUMBKILLE CATHOLIC**  
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.  
**ST. FRANCIS XAVIER CATHOLIC**  
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland

Avenue, 334-2161.  
**SAINT JOHN THE APOSTLE METROPOLITAN**  
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.  
**SAINT MICHAEL LUTHERAN**  
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.  
**SAINT NICHOLAS MONASTERY**  
Sunday 9:30 a.m., [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org), 111 Evergreen Road, 997-2847.  
**ST. VINCENT DE PAUL CATHOLIC**  
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.  
**SOUTHWEST BAPTIST**  
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.  
**TEMPLE BETHEL SYNAGOGUE**  
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., [www.templebethel.com](http://www.templebethel.com), 16225 Winkler Road, 433-0018.  
**TEMPLE JUDEA (CONSERVATIVE)**  
Friday 6:30 p.m. and Saturday 9 a.m., [www.tjswfl.org](http://www.tjswfl.org), 14486 A&W Bulb Road, 433-0201.  
**THE NEW CHURCH**  
Sunday 11 a.m., [www.newchurchflorida.com](http://www.newchurchflorida.com), 10811 Sunset Plaza Circle #401, 481-5535.  
**UNITARIAN UNIVERSALIST**  
Sunday 10:30 a.m., [www.uucfm.org](http://www.uucfm.org), 13411 Shire Lane, 561-2700.  
**UNITY OF FORT MYERS**  
Sunday 10 a.m., [www.unityoffortmyers.org](http://www.unityoffortmyers.org), 11120 Ranchette Road, 278-1511.  
**WESTMINSTER PRESBYTERIAN CHURCH**  
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.  
**WORD OF LIFE**  
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.  
**ZION LUTHERAN**  
Sunday 8, 9:30 and 10:45 a.m., [www.zionfm.org](http://www.zionfm.org), 7401 Winkler Road, 481-4040.✧



## CROW Case Of The Week:

## Virginia Opossum

by Bob Petcher



The Virginia opossum (*Didelphis virginiana*), also referred to as "possum" to many southerners, is North America's only marsupial, an animal that has a pouch, like the

Australian kangaroo or koala. It is also one of the Earth's oldest mammals.

The nocturnal animal begins its life as tiny as a honeybee and immediately crawls into its mother's pouch to develop further. Interestingly, a female opossum may give birth to as many as 20 babies in a litter, but fewer than half of them survive. Unfortunately, some never even make it as far as the pouch.

Virginia opossums are omnivorous, enjoying a diet both rich in plants and animals.

At CROW, an adult female Virginia opossum was admitted from Estero after suffering head trauma, possibly from being struck by a vehicle. The patient was stabilized overnight with fluid therapy, pain medication and anti-inflammatories. The following day, the opossum was anesthetized and a full set of radiographs were taken. The radiographs revealed that the opossum's right upper canine and premolar were avulsed. The

radiographs also showed fractures to both the upper and lower jaw. Later that day, the first of two surgeries was performed to remove the affected teeth.

"In total, three teeth were extracted. The most significant was the canine tooth, but there were two smaller premolar teeth that were extracted as well," said Dr. Kyle Abbott, CROW veterinary intern. "Teeth fractures unfortunately cannot heal and so any fractured teeth were extracted. Root canals are often the treatment for fractured teeth in pets, but these are complex procedures and not required in an opossum."

A day later, the patient underwent another surgery to hold the fractured area in place using wire.

"The surgery to stabilize the mandible, lower jaw, involved wrapping the wires around the jaw as well as teeth on both sides of the fracture," said Dr. Abbott. "The wire apparatus was left in place for two weeks while the soft tissues formed a callus to stabilize the fracture."

CROW officials reported the injuries have been healing appropriately, to the point that the wires were recently able to be removed.

"This opossum was certainly in a lot of pain with the fractures she sustained. She was kept on pain medications for a few weeks after the fractures occurred," said Dr. Abbott. "It is interesting to know that the opossum has the most teeth of any North American land mammal, and she will do well without these teeth because she has many others for eating."

The patient is still being offered a soft



Patient #19-0114 had to deal with a lot of pain after suffering head trauma as well as fractured teeth and both the upper and lower jaw

photo by Brian Bohman

food diet, but will be transitioned to more solid food in the near future.

"The opossum will be transitioned over the course of a week to harder foods as long as she is able to eat the harder foods without issues," said Dr. Abbott.

The patient's release window will open only when she adapts to the food she will encounter in the wild.

"The opossum will be released once it can eat a normal opossum diet, which is a large variety of both soft and hard foods. They are omnivores and will eat

plants and animals. Once she can eat all foods offered without issue, then she will be ready for release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✱

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# Scout About



by Capt.  
Matt Mitchell

**I**t feels so good to be finally getting back to a much more normal Florida winter weather pattern. I am glad to report that I have hung up the thermals for now and have

really been enjoying the bright sunshine and light wind days that are associated with February. Water temperatures have begun to slowly creep back to normal levels after bottoming out in the high 50s last week.

This week, I took a morning on the water to go out and scout some areas that have been very productive in years past. Often, when fishing with clients, you simply cannot try these areas if you do not know if they are holding fish. It's just as important to know where the fish are not as well as where they are. Due to time restraints on a four-hour charter, I need to fish in the most productive areas.

On this scouting trip, I needed to check out some places in the south end of Matlacha Pass along with favorite Ding Darling creeks that require an idle to reach. Getting away from my daily routine of bouncing in and around the passes only lets me know I'm fishing in the right places as these other areas had very few fish and were a bust.

Our fishing has been very different this winter than in previous winters with

many places in the southern sound being just void of fish. Ding Darling creeks that I often fish with great success are holding very few fish. Though these creeks have mullet and a few sheepshead in them, they are just not stacked up with the sheepshead and snook like in past years. The water in these creeks is crystal clear so spotting fish and getting an accurate read is easy.

Other places like the docks and canals in the southern sound from the lighthouse to the powerlines have almost zero sheepshead in them, when in previous years, these areas had thousands of fish in them. All I can speculate is that the barnacles that these fish feed on in these places are covered up with a mossy-like substance and possibly dead.

Once I get north of the powerlines, I'm finding lots of fish in all the usual places I would get them any other winter. Sheepshead, black drum and rat redfish made up the majority of our fish again this week. With a few flat spots of very little tide movement, the bite would slow. Then, as expected, as the tide picked up speed, the action would pick up too.

No matter how long you fish a place, you are always learning something new about it. This has proved very true this winter with our fish being in different places than in years past. Areas in the southern sound have just not had the abundance of life like they had in years past, while areas from the middle sound north are better fishing than I can remember. If you are not catching fish in your usual places, it's time to do what I did this week and take a day to go scout.

*Capt. Matt Mitchell has been fishing*



Nick from Connecticut with a sheepshead caught while fishing with Capt. Matt Mitchell this week photo provided

local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country

fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

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*Nao Santa María*

photo provided

## Historic Ship Replica Arrives On Fort Myers Beach

The replica of one of the most famous ships in Spanish maritime history has docked on Fort Myers Beach after sailing from San Juan de Puerto Rico and crossing the Atlantic Ocean from Spain. Fort Myers Beach will be the first port of call on this East Coast tour, to be continued visiting different ports and heading up to the Great Lakes in Canada next summertime.

The *Nao Santa María* comes to America to commemorate her original journey, where they were able to discover the Maritimes routes that lead them to this continent for the very first time, starred by Christopher Columbus, the encounter between two worlds, in 1492.

The ship was built in Spain in 2017

by the Nao Victoria Foundation, in collaboration with the Huelva's Provincial Council, and was launched in the town of Punta Umbria (Huelva, Spain) on March 16, 2018. It is 200 tons, 93 feet in length and 25 feet on the sleeve, three masts and a bowsprit. The height of the main mast more than 82 feet with five sails in its rigging and five decks, built with an exquisite work in Iroko (African hardwood) and pine wood.

"We are happy and lucky to navigate through seas and play with time barriers, having the opportunity to bring and show history to American citizens" said Carlos Herrera, *Nao Santa María* captain.

The *Nao Santa María* is docked in front of Nervous Nellie's on 1131 First Street on Fort Myers Beach. Viewing tours are from 10 a.m. to 6:30 p.m. Tickets are \$10 for adults, \$5 for children or \$25 for a family.

For more information, visit [www.naosantamaria.org](http://www.naosantamaria.org).

Hatchee Community Park, contact Joseph Todd at 432-2154. For more information for North Fort Myers Community Park, contact Stafford Milligan at 533-7200.

## Everglades Program

Rachael Kangas, public archaeology coordinator for the Southwest Region of the Florida Public Archaeology Network, will speak on the timeline back to the formation of the Everglades at the Mound House on Tuesday, February 12. Refreshments will be served at 5:30 p.m., with Kangas' talk at 6 p.m.

Kangas, who also is director of the archaeology laboratory at the University of Central Florida, is often in the field at digs and spends the rest of her time on outreach, making archaeology accessible to the public at programs for all ages. Cost is \$5 and reservations are required.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information and reservations, call 765-0865.

## Estates To Offer VIP Tour



Visitors enjoy touring other destinations and making new friends on the Edison and Ford Winter Estates VIP Tours photo provided

Edison and Ford Winter Estates offers several private VIP Tours to other tourist destinations throughout the year. In March, a tour to Richmond Hill and Savannah, Georgia will be offered and is open to both Edison Ford members and the general public.

On March 4, the tour bus will leave from Edison and Ford Winter Estates and travel to Savannah, Georgia. The tour includes the Richmond Hill History Museum, Henry and Clara Ford's Richmond Hill Plantation, the Fort McAllister Historic Park and Museum, and several other stops in Richmond Hill. In Savannah, tour goers will visit the Andrew Low House, the Davenport House, Maritime Museum, Pin Point Heritage Museum, the Prohibition

Museum and the Savannah History Museum and other locations. The VIP Tours offer an opportunity for visitors to tour another attraction without the burden of driving and a chance to meet like-minded people and share unique behind-the-scenes experiences.

Tour cost is \$650 for Edison Ford members and \$700 for non-members. It includes bus transportation by Dolphin Transportation, admission to all locations on the itinerary, snacks to and from on the bus, lunch on the three tour days, tips and gratuity. Lodging is not included in the cost.

To register and to view the full itinerary, contact Sherri Muske at 334-7419 or email [smuske@edisonford.org](mailto:smuske@edisonford.org).

## Free Movie In The Park

Lee County Parks & Recreation is hosting a free Movie in the Park at two locations.

Wa-Ke Hatchee Community Park will hold a free movie at its 16760 Bass Road in Fort Myers location on Saturday, February 9. Movie begins at 6:30 p.m.

North Fort Myers Community Park will hold a free movie at its 2000 North Recreation Park Way in North Fort Myers location on Saturday, March 9. Movie begins at 7 p.m.

The PG-rated animated comedy adventure *Smallfoot* will be the main feature. The animated movie offers a spin on the Bigfoot phenomenon. *Smallfoot* focuses on a yeti who is convinced that the elusive creatures called "smallfoot" that inhabit the world actually do exist and aren't myths passed down through the generations.

Popcorn and snow cones from Southern Snoballs will be available for purchase at both locations. Guests are encouraged to bring blankets or chairs.

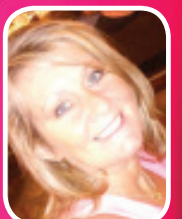
For more information for Wa-Ke

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Plant Smart

# Firebush, Superlative Native

by Gerri Reaves

Firebush (*Hamelia patens*) has understandably become one of South Florida's most widely used shrubs or small trees. This native's attributes include low maintenance, beautiful foliage and flowers, showy fruit and notable wildlife friendliness.

It should be included in any butterfly or natural garden. Indeed, its versatility qualifies it as a landscape staple – a veritable single-plant wildlife habitat. In the wild, it's found in hammocks, shell mounds and coastal and upland forests.

This fast-growing species grows as a multi-stemmed shrub or small tree, reaching up to 12 feet tall and often growing as wide as it is tall.

It is a member of the madder family and a relative of gardenia and coffee.

The clusters of orange-red flowers are a major nectar source for a wide variety of butterflies, especially the zebra longwing, hummingbirds and bees. Their color gives the plant another common name, scarletbush.

Sphinx and Pluto sphinx moths use species is used as a larval, or host, plant. The tubular flowers are about an inch and a half long, and bloom throughout the year. In fact, fruit and flowers in various stages of growth often exist on the plant.

The juicy berries, which ripen to a glossy purple-black, are a fourth- to



Firebush is a plentiful food source for native and migrating birds photos by Gerri Reaves

a half-inch across. They are a food source for small mammals and many bird species, including mockingbirds, blue-headed vireos and catbirds.

The fruit is said to be edible for people too.

The whorled oval leaves and the stems have a reddish tint. Textured and evergreen, they measure five to eight inches long. The foliage provides cover for birds and other wildlife.

Firebush has medium-to-high drought tolerance and low salt tolerance. It is wind-resistant and sensitive to cold.

It adapts to various light conditions, but flowers most in full sun. A shaded plant, however, will develop more



Bright red tubular flowers attract butterflies and hummingbirds

attractive foliage. Give it sandy well-drained soil.

Use it as a specimen plant, background, or screen. If you use it as a hedge, take care not to "hatrack" it and rob wildlife of nectar, cover and nesting sites.

Leaving the ripened berries on the plant, even if they look dried up, might be a boost for migrating birds.

Propagate it with seeds and cuttings.

In Central America, firebush is used to treat a variety of skin ailments. It is also used to treat many other conditions, such as rheumatism and dysentery.

A non-native species, African firebush (*Hamelia patens* var. *glabra*) is hybridizing with and posing a threat to the native one, so be sure to buy your firebush from a reputable native nursery.

The non-native one has red, yellow and orange flowers, as opposed to the native's red flowers, and yellow or orange fruit, as opposed to the native's ripe purple-black fruit.

Sources: *Betrock's Florida Plant Guide* by Edward F. Gilman; *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; *Florida Plants for Wildlife* by Craig N. Huegel; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *Gardening for Florida's Butterflies* by Pamela F. Traas; *National Audubon Society Field Guide to Florida* by Peter Alden et al.; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; [www.floridata.com](http://www.floridata.com); [www.fnps.org](http://www.fnps.org); and [www.regionalconservation.org](http://www.regionalconservation.org).

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Kita Mason practices casting with Anthony Price of Bass Pro Shops

photo provided

## Women To Tackle Fishing At FGCU Seminar

The popular Ladies, Let's Go Fishing! University returns to Bass Pro Shops on March 23 and 24 for a saltwater fishing seminar weekend. Hosted by the nonprofit Ladies Let's Go Fishing Foundation, the event offers classroom instruction, hands-on fishing activities, conservation, networking and optional guided boat fishing.

The No-Yelling School of Fishing begins at 10 a.m. with speakers on conservation, inshore/backcountry and kayak fishing, equipment usage and more, followed by a hands-on fishing skill practice for releasing, dehooking/

conservation, knot tying, lure usage, fly, spin and net casting, fish fighting techniques and more. Speakers include Capt. Jon Fetter and Craig Timbes, with more local guides at the skill stations.

On Sunday, participants can opt to fish from flats charters, a group boat or from kayaks with guides and tackle provided, followed by fish filleting.

Registration cost is \$79 for early entry and includes instruction, use of equipment, hands-on training, fundraisers, gifts worth \$20, Bass Pro Shops discount and door prizes. No equipment or experience is necessary. Sunday fishing is additional.

Bass Pro Shops is located at Gulf Coast Town Center, 10040 Gulf Center Drive in Fort Myers. Registration and information is on [www.ladiesletsgofishing.com](http://www.ladiesletsgofishing.com).✧

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## Foundation Grants Funds To Nonprofits

The Southwest Florida Community Foundation has awarded \$596,923 to both established and new programs that are designed to increase the quality of life in sustainable and equitable ways for Southwest Floridians.

Twenty-one local nonprofits were granted money from the community foundation's available Field of Interest funds, as well as individual and corporate donations resulting from foundation's Compassionate Shark Tank audience.

The nonprofits include: American National Red Cross; Big Brothers Big Sisters; CAIR; Calusa Waterkeeper; Cape Coral Animal Shelter; Catholic Charities Diocese; Christian Medical Ministries; CROW; Family Health Centers of SWFL; Feeding Children Everywhere; FGCU; Florida Department of Health - Charlotte; Glades Education Foundation; Gulf Coast Symphony; Home Base; LARC Inc.; Naples Senior Center at JFCS; New Horizons of SWFL; Shelter for Abused Women Naples; and Shipley Cardiothoracic Center.

Some examples of the regional funding include:

Swim lessons and aquatics safety training for 250 students at the TICE community pool

Workplace mentoring initiative; matching 65 students with local businesses to facilitate the exploration of career opportunities



Members of the Southwest Florida Community Foundation

photo provided

Increasing community awareness and engagement in response to Harmful Algae Blooms; funding for field personnel, data collection, video production, and participation in regional conference

Purchase of a customized mobile van, for the safe transit of animals

Purchase of specialized medical equipment for clinic, staff training and transit for 200 patients

Expanding a national food distribution program for low income families

STEM Summer Camp; a total of 10 days serving 20 girls from 10th, 11th and 12th grade. Field research and lab work studies

Training three visually impaired youth

for a career in the arts

Six-month health and fitness program for 60 Post-9/11 SW Florida Veterans

Purchase of technology for 25 special needs students

Medication assisted therapy for clinically supervised substance abuse recovery services

To review the details of the grants, visit [floridacommunity.com/portfolio/community-impact-grant/](http://floridacommunity.com/portfolio/community-impact-grant/)

"Once again we have an amazing group of nonprofits joining our Community Impact Grants 2019 tribe," said Sarah Owen, Southwest Florida Community Foundation president and CEO. "These relationships are true

partnerships, and we are grateful to our donors and those who have made these grants possible, many of whom are generous people who have left resources in their will or estate because they cared deeply about the region and want to be certain that nonprofits serving their causes have the resources they need to create change and opportunity in Southwest Florida."✱✱

## Waterkeeper To Address Women Voters Monday

John Cassani, The Calusa Waterkeeper, will address the League of Women Voters' Environmental Committee at the Cape Coral Public Library on Monday, February 11 from 11:30 a.m. to 2 p.m. In addition to Cassani's power point presentation on water quality issues of the Caloosahatchee and Southwest Florida, he will address ways to continue the forward movement begun by recent environmental actions.

Cassani is a career scientist, retired from Lee County Hyacinth Control District where as a biologist he led a range of programs including the regional grass carp breeding program. In addition to being a founding member of Caloosahatchee Riverwatch, Cassani founded the Southwest Florida Watershed Council.

For more information, email [environment@lwvlee.org](mailto:environment@lwvlee.org) or visit [www.calusawaterkeeper.org](http://www.calusawaterkeeper.org).✱✱

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# Writing In The Margins



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Growing up, I watched my great-grandmother, who I affectionately referred to as my Bubby, cook family meals with an old cookbook that had a worn spine and dog-eared pages smeared with stains. When Bubby discovered how to improve a recipe, she would write notes on the margins of the pages. Her modifications were always first rate.

But I want to tell you not to write notes or changes in your legal documents like a will or a trust. I can't describe how many times I've seen wills where changes have been written in the margins. Some changes delete beneficiaries, others add

beneficiaries. Some change the dollar amount of bequests, while others alter who is to receive what property.

Unlike the alterations my Bubby made in the margins of her cookbook, the writings in the margins of these folks' wills and trusts almost always have no significance. They won't serve to change the will or trust.

Why?

Because the law clearly states how a testamentary (after death) bequest must be both signed and witnessed in a very specific manner. In Florida, a testator must sign a legal document that contains testamentary bequests at its end. The testator must sign in the presence of two witnesses, who sign as witnesses in the presence of the testator, as well as in the presence of each other.

Then, so you don't have to get the witnesses' testimony about the signing after the testator's death, the will is usually "self proved." In order to be self-proved, a notary must witness the whole process in much the same manner and sign a statement using the exact words found in the Florida statute.

So, if Julia signs her will, but later goes back and writes changes in the margins, those changes will have no legal effect. The only result of Julia's action is likely litigation between the beneficiaries. After the beneficiaries spend thousands of dollars on attorney fees, the result will be that the margin changes will be disregarded.

What Julia needs to do if she wants to change her will is to add a codicil to her will (or an amendment to her trust) that is signed with the same statutory formalities that her original document was signed with.

Sometimes individuals will type up their own codicils and amendments rather

than have their attorney do it. They may not want to pay the attorney for a simple change. Do this at your own risk, as oftentimes a codicil or amendment isn't so simple. If it isn't prepared correctly, it could cause more problems than it solves.

Consider, for example, that Hayden has a will that says something to the effect of, "I give my home to my son Payne." At the time of the creation of the original will, Hayden's home is in Atlanta. Hayden later gives his Atlanta home to Payne and then purchases a new home for himself on Sanibel. Hayden feels that he should give his daughter Suzanne a large specific bequest to "even out" the gift of the Atlanta residence to Payne, so he writes in the margin of his will, "I give \$150,000 to my daughter Suzanne" but doesn't remove the language in his document giving his home to Payne.

Hayden then dies.

What happens? The margin note of the \$150,000 bequest is disregarded. It wasn't signed with the statutory formalities.

But has Hayden also bequeathed his Sanibel residence to Payne? Florida has an ademption statute that says in part, "Property that a testator gave to a person in the testator's lifetime is treated as a satisfaction of a devise to that person, in whole or in part, *only if the will provides for deduction of the lifetime gift, the testator declares in a contemporaneous writing that the gift is to be deducted from the devise or is in satisfaction of the devise, or the devisee acknowledges in writing that the gift is in satisfaction.*"

Even if the margin note gifting \$150,000 to Suzanne is not a valid amendment, could it be construed as a "contemporaneous writing" that the lifetime gift of the Atlanta home satisfies the bequest found in Hayden's will? That position would be a stretch even if it can be established that the gift was made in an attempt to even the score. In this fact pattern, the statute would seem to require Payne to acknowledge in writing that the gift of the Atlanta residence satisfied his father's bequest. What if Payne isn't willing to sign such a statement?

There are many laws governing estates and trusts. Writing your own document without the knowledge of what those laws are and how those laws affect your own plan may lead to unintended consequences.

So, it's generally unwise to alter your own recipe without the help of a qualified professional. If you need to make notes to remind yourself of what you want changed, first make a copy of your legal document, then write in those margins and discuss what you want with your estate planning attorney.

©2019 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).✧

## Hodges Names Board Of Trustees Chair

Clyde Quinby has been named the chair of the Hodges University Board of Trustees.

A longtime resident of Naples and supporter of higher education, Quinby has served in various capacities on the university's board of trustees since 2015.

"Clyde continues to be an invaluable asset to Hodges University, and we appreciate his dedication," said Dr. John Meyer, president of Hodges University. "We value his business expertise, community involvement and passion for higher education."✧



Clyde Quinby photo provided

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## Book Review

## Our Little Secret



by Di Saggau

Roz Nay's international bestselling and award-winning novel *Our Little Secret* is a tour de force of psychological suspense. It's a twisted tale of love, pain and revenge

that will stay with the reader long after they turn the last page. They say you never forget your first love. What they don't say, though, is that sometimes your first love won't forget you.

Angela Petitjean, a 20-something young professional, sits in a cold, dull room in the local police station. She faces grim detectives who want to know if she can explain why her first love's wife has gone missing. The police have been interrogating her for hours, asking about Saskia Parker. She's the wife of Angela's high school sweetheart, HP, and the mother of his child. She has vanished. Homicide detective J. Novak believes Angela knows what happened to Saskia. He wants the truth, and he wants it now. Angela asks: "Do you really want to know what happened?" He does, so she tells him everything.

But Angela has a different story to tell. It began more than a decade ago, when she and HP met in high school in Cove, Vermont. As Angela speaks, it becomes obvious that she is odd, maybe even haunted. She was an awkward, shy teenager, while HP was a popular athlete, captain of the high school swim team. They became friends, fell in love and dated senior year. Everything



image provided

changed when Angela went to college. When time and distance separated the two and when Saskia entered the picture. Angela has never been able to let it go.

That was eight years ago. HP foolishly married a drama queen, and Angela moved on with her life. Whatever marital rift caused Saskia to leave her husband has nothing to do with Angela. Nothing at all. Detective Novak needs to stop asking questions and listen to what Angela is telling him. Once he understands everything, he'll have the truth he so desperately wants. In the end, she provides the answers in the final sentence of this remarkable novel.

*Our Little Secret* is a gripping story that leaves you guessing until the very end.✱

## School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My almost 17-year-old daughter wants to get an after-school job. While I think it's a good idea, I'm concerned about how it will

affect her school work. Do you have any suggestions about teenagers, school and working?

Michelle M, Fort Myers Beach

Michelle,

Work offers important self-esteem benefits to teens and some relief from the routine of school. It can help build a resume for future employment, and a regular paycheck can provide an important sense of empowerment as well as some life lessons about budgeting and taxes. Your daughter may also need to be aware that she might have to give up some things to make time for a job. And, school can easily get shortchanged in the process.

Here are some things to consider and discuss with your daughter as she looks for a job. Studies show that work starts to take a toll on grades when teens spend more than 15 hours on the job each week. It may be wise for your child to work even fewer hours. A steady and predictable work schedule can make it far easier for your teen to manage time wisely. Employers know that high school students have academic commitments and will often make adjustments so that teens can work just on weekends, or perhaps two afternoons and a weekend day each week.

Talk with your daughter about how she sees her job and her schoolwork both getting done. What will she need to put off or give up in order to succeed at both the job and school? Organization is key to balancing schoolwork and jobs. Plan for homework and study times as well as work times and keep a highlighted, visible calendar in the kitchen as a reminder for her to study.

Make sure your daughter tells her teachers that she's taking a job. In most cases, school staff can be quite supportive of teens who are working and offer strategies for prioritizing schoolwork. They may be willing to share information about upcoming projects and due dates.

Equally important, encourage your daughter to be open with her employer about her workload at school. If a boss isn't accommodating or flexible, your child may be better off finding work elsewhere.

Once your daughter begins working, check in frequently with her and find out how she's handling his job and schoolwork. It may also be wise to check in with her teachers to make sure all is well at school during this time of increased responsibilities and workload.

If your daughter starts showing signs of increased anxiety or depression or starts falling behind in school, act promptly. Talk to her immediately about what you're seeing, and discuss ways to help her get back on track. If you don't see prompt results, ask her to consider putting work aside for the time being. It may be that summertime, without the academic responsibilities, would be a better time for her to enter the working world. She would learn her job and then when school begins again, she would be more at ease with her work and be able to accomplish both school and work successfully.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

## Social Media Business Experts To Speak

The Above Board Chamber of Florida will offer an expert panel to show local business leaders what they need to do to stay relevant amid a rapidly changing digital world at the Crowne Plaza Fort Myers on Thursday, February 14 from 11:30 a.m. to 1 p.m.

The panel discussion features NBC-2 Meteorologist Jason Dunning as master of ceremonies. He'll be joined by four social media savants: Javier Fuller, vice president of web development at CONRIC PR & Marketing; Theresa Ayers, social media specialist for the Florida Small Business Development Center at Florida Gulf Coast University; Marilyn Santiago, partner and chief marketing officer of Creative Architectural Resin Products Inc.; and Rafael J. Feliciano, co-founder of the Food Idea Group.

Cost is \$35 for members and \$40 for non-members. Lunch is included in the price.

American Financial Network Inc. is sponsoring the event.

Crowne Plaza Fort Myers is located at 13051 Bell Tower Drive in Fort Myers. For more information or to register, call CEO Jeane Sweeney at 910-7426 or visit [www.aboveboardchamber.com](http://www.aboveboardchamber.com).✱

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## Superior Interiors

## The Coastal Home



by Linda Coin

Although embraced throughout the country, beach-inspired interiors are a given for our Southwest Florida location. New residents relocate to our area with visions of living in a home enhanced with coastal details.

Coastal design can be fun and colorful, or soft and sophisticated. The key to both is to embrace this style with restraint. Limit yourself to just a couple of beach- or nautical-inspired accents per room. This could be a couple of throw pillows, or sculptural seashell art. Next, include subtle elements that relate to the water, sand and sky of a beach landscape. The addition of a well selected paint palette cannot be overstated. Blue tones in various shades

always translate themselves to life at the beach. Subtle variations of blue can also be a beautiful backdrop to colorful statements in accent pieces. Texture and architectural interest can be added with the addition of the ever-popular shiplap or classic beadboard for a charming vintage feel.

A more contemporary approach to coastal design can be achieved by introducing neutral colors with natural or organic materials. Light and airy is the key to be a compatible backdrop to washed driftwood-inspired furniture pieces. Metal finishes with patina can bring life to a soft, almost monochromatic scheme as do textural sisal rugs. For a finishing touch, the subtle addition of dusty aqua and grayed blue in accessories can create a tranquil space.

Finally, a simple layout or floorplan is preferable for each room. Consider the function of the room that is being designed and leave plenty of open space so that people can move around freely. Leaving this negative space will allow the coastal elements included in the room to be noticed and enjoyed.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coindceden.com](mailto:linda@coindceden.com).✱

## Financial Focus

## Insurance Can Protect Your Aspirations



by Jennifer Basey

You probably already know that life insurance can protect your family if something were to happen to you. But you might not realize the many ways in which insurance can help you preserve

your plans for the future – whether for yourself, the next generation, or those charitable groups you support.

Specifically, life insurance can potentially help you address several areas, including the following:

Help in covering final expenses – The proceeds of a life insurance policy can provide immediate funds at the time of your death to pay for your funeral costs, your debts and your final income taxes.

Transfer wealth (with potential tax advantages) – Some wealth transfer vehicles carry significant tax consequences. But the proceeds from life insurance are typically free of income tax, so if your death benefit is \$1 million, your heirs will receive the full \$1 million. (Consult with your tax advisor about all potential tax consequences beneficiaries might face.)

Provide charitable gifts – You can use life insurance in various ways to support charitable organizations. One option is to donate a policy you may no longer need. Either you or the charity would continue paying the premiums, but the charity would become both the owner and beneficiary of your policy. Alternatively, you could purchase a permanent life insurance policy and donate it to the

charity, which could then use the policy's cash value when you're alive and receive the death benefit when you die.

Help fund a revocable living trust – Depending on your situation, you might want to establish a revocable living trust as part of your estate plans. A revocable living trust helps you avoid the time-consuming, expensive and public process of probate. And, among other benefits, a living trust allows you to distribute your financial assets over time, and in amounts that you specify – which may be quite appealing, if, for example, you'd rather not give your children a large amount of money at once. Life insurance can help fund your living trust – you just need to name the trustee (which may well be yourself while you're alive) as the owner and beneficiary of the policy. However, you will need to consult with your legal advisor before creating and funding a living trust.

Help cover long-term care costs – You may never need any type of long-term care, but if you do, you'll find it quite expensive. It now costs, on average, more than \$100,000 per year for a private room in a nursing home, according to the 2018 Cost of Care Survey, produced by Genworth, an insurance company. Medicare typically pays little of these costs, so the burden will fall on you. To avoid using up your financial assets – or, even worse, having to rely on your adult children for help – you may want to purchase insurance. Some life insurance plans offer long-term care coverage, either through a special "rider" or by accelerating your death benefit, but you might also want to consider a traditional long-term care insurance policy.

As you can see, one of the most flexible tools you have is life insurance. Start thinking soon about how you can put it to work.

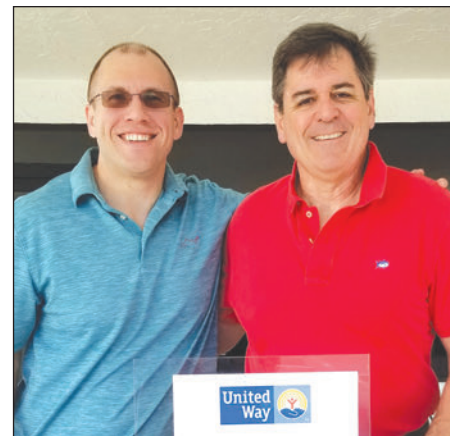
This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✱

## Shred Event For United Way

Richard Johnston Law and Thrivent Financial held their second annual Shred Event and raised \$1,951 for the United Way of Lee, Hendry, Glades, and Okeechobee. The free shred event was held in the parking lot of Richard Johnston Law, and documents were shredded on site.

Donations to United Way were accepted, and donuts and coffee were served to the attendees. There was also a drawing for a large gift basket of coffee, sweets and a coffee maker.

Richard Johnston said, "We are very happy with the Johnston Law/Thrivent Financial annual shred event. We connected with over 100 of our neighbors and gave their spring cleaning a boost. They responded by raising nearly \$2,000 for United Way. We enjoy partnering with United Way and Thrivent Financial for this annual event. We look forward to seeing everyone next year."



Kevin Kyle and Richard Johnston

photo provided

"We are very grateful to Richard Johnston Law and Thrivent Financial for holding this special event. On-site shredding helps people get rid of their old documents safely, and the donations will help United Way Partner Agencies serve the people of our community," said Cliff Smith, president of the United Way.✱

## MOAA Meeting Set For Monday

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held at Crown Colony Golf and Country Club on Monday, February 11 at 5:45 p.m.

Sanibel resident Nori Ann Reed will be the guest speaker. She is a retired U.S. Navy captain who served aboard six Navy ships and was the first woman to command three.

Retired or active duty uniformed officers who are interested in joining MOAA should contact Terry Robertson at 352-638-5838 for membership information.

Crown Colony Golf and Country Club is located at 8851 Crown Colony Boulevard in Fort Myers.✱



Nori Ann Reed

photo provided

From page 1

## String Quartet

Jim Griffith. Kara Griffith was Meehan's first violin instructor during his elementary school years.

"I was was so happy to see the name of my little beginner from humble Fort Myers included in one of the most prestigious music festivals in the country," Griffith said, "and know he was continuing and excelling in his violin studies."

In 2016, the quartet became the first North American ensemble to win the Borletti-Buitoni Trust Fellowship and was named BBC Radio 3 New Generation Artists, an honor that brings with it recordings, international radio broadcasts and appearances in Britain's most prominent venues and festivals.

Most recently, in 2017, the Calidore was honored with the Lincoln Center Emerging Artist Award. The 2017-18 season continues the Calidore's three-year residency with the Chamber Music Society of Lincoln Center's CMS Two program.

The Calidore String Quartet has released three commercial recordings, the most recent of which is quartets by Tchaikovsky and Mendelssohn recorded live in concert at the 2016 Music@Menlo Festival. The French label Editions Hortus

released the Calidore String Quartet's second studio recording, *Serenade: Music from the Great War*, featuring music for string quartet by Hindemith, Milhaud and Stravinsky, along with the world-premiere recording of Jacques de la Presle's *Suite en sol*, and the second recording ever of Ernst Toch's *Serenade*.

February 2015 marked the release of the Calidore's critically-acclaimed debut recording of quartets by Mendelssohn and Haydn for which *Gramophone* dubbed the Calidore String Quartet "the epitome of confidence and finesse." The Calidore were featured as Young Artists-in-Residence on American Public Media's Performance Today and their performances have been broadcast on National Public Radio, BBC, Canadian Broadcasting Corporation, Korean Broadcasting Corporation, Bayerischer Rundfunk (Munich), Norddeutscher Rundfunk (Hamburg), and were featured on German national television as part of a documentary produced by ARD public broadcasting.

Tickets are \$40 in advance and \$45 the day of the concert. To reserve tickets, visit [www.sbdac.com](http://www.sbdac.com) or call 333-1933.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers.✱



## Ceremony Honors Late Dress For Success Founder

A celebration of life ceremony is planned in honor of Barbara Dell, founder and former CEO of Dress for Success SW Florida, at the Broadway Palm Dinner Theatre on Friday, February 8 at 2 p.m.



Barbara Dell

discovery of the nonprofit Dress for Success and its mission to empower unemployed or underemployed women. On March 19, 2010, Barbara opened the doors to Dress for Success SW Florida to serve women who were struggling to find employment in Southwest Florida. Barbara greeted each woman who walked through those doors as a long-lost friend and gave them her respect, a smile and a warm hug.

Throughout her eight years of leadership at Dress for Success, Dell impacted and empowered over 2,500 women, many of whom continue to pay it forward by volunteering their time to the organization. Dell was a visionary and always looking for innovative ways to educate, coach and mentor women. She would often take a client under her wing to guide them to success.

Dress for Success Worldwide recognized Dell for her accomplishments, including the launch of the Entrepreneurial Spirit Program, or E\$P, which provided women with the tools and confidence to launch their own businesses. Hundreds of women locally have attended these seminars and learned from some of the area's foremost women in business on topics such as accounting, banking, marketing and business law. Many operate successful companies today.

Dell was nominated for many professional and community awards over the years, but she was especially honored to receive the prestigious Apex Award in 2017 from the Greater Fort Myers Chamber of Commerce Women in Business.

Dell retired in February 2018 to focus on her husband of 33 years, Mel, along with her Yorkshire terrier named Max, and her health. Dell is survived by her two stepchildren, Paul Dell and Lisa (Dell) Deluca. In lieu of flowers, her family requests that donations be made in her name to Dress for Success SW Florida or Hope Hospice.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers.\*

## Valerie's House Scholarships For Grieving Students

Valerie's House, a Southwest Florida nonprofit whose mission is to support and care for grieving children after the death of a loved one, has launched two first-time scholarships for children in its grief support program. The scholarships are being offered in partnership with the Uncommon Friends Foundation's scholarship program. The scholarships will be available to 2019 high school graduates from Lee or Collier counties who have experienced the death of a parent or sibling and participate in the healing, grief support programs offered by Valerie's House. Nominees must also demonstrate financial need and have

the potential to succeed in school.

"Grieving children are often full of drive, determination, strength and resilience, as they strive to make their lost loved one proud," said Valerie's House founder and CEO Angela Melvin. "Many Valerie's House children will go on to make a huge impact in the world around them, and we want to help them as much as we can get started on that journey."

Each scholarship in the amount of \$1,000 will help defray the cost of tuition, books and supplies for college, trade school or a post-secondary institution of the student's choice. Recipients can apply to renew their scholarship for one or more subsequent terms.

Deadline for the 2019-20 school year is April 1. For nomination forms and full requirements, visit [www.uncommonfriends.org/scholarships/opportunities](http://www.uncommonfriends.org/scholarships/opportunities).\*

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# Baseball’s Color Barrier Broken But Much Remains To Be Accomplished



by Ed Frank

With the opening of baseball’s Spring Training next week, it is proper and respectful to review how the face of America’s pastime has changed since Jackie Robinson broke the color barrier 72 years ago. We often wonder if the growing numbers of minority baseball players today, particularly Latino players, have any idea what the famous No. 42 meant to their careers. Robinson would have been 100 years old on January 13 of this year and unfortunately died at the young age of 53 just as players of color were beginning to rapidly fill Major League rosters. Major League Baseball will observe the 100th Anniversary of his birth throughout the upcoming season.

There have been many, many books, movies and articles published about Robinson and, even if you’re not a baseball fan, you owe it to yourself to read or see some of these movies or documents. Let’s just look at some figures published two years ago by the Society for American Baseball Research. There are both positives and negatives in the report.

At the conclusion of the 1947 season, Robinson’s first, white ballplayers made up 98.3 percent of Major League rosters, African Americans, 0.09 percent and Latino, 0.07. In 2016, the year the report was published, the percentage of white ballplayers had dropped to 63.7 percent, African American only 6.7 percent, Latino up to 27.4 percent and Asian at 2.1 percent.

What is alarming about the study is the precipitous drop in African American ballplayers beginning in the mid-1980s when they accounted for 18.8 percent.

Baseball has addressed this problem with a number of programs, particularly among inner city youth. The results have been far less than successful as the figures show.

There are many reasons why many talented, athletic African Americans have turned their backs on baseball in favor of basketball and football.

Undoubtedly, it’s a matter of demographics and economics. The obstacles can be too few playing fields and the cost of equipment to play in traveling baseball leagues. The overall effect is that the pipeline feeding African Americans into the Major Leagues is even less populated than baseball itself.

A recent study by ESPN showed there are less than 5 percent of collegiate African

American baseball players. The road to riches obviously is much quicker in professional basketball and football where African Americans make up 80 percent of NBA rosters and nearly 70 percent in the NFL.

And African American athletes dominate these sports at the college level as well. We wonder how the courageous Robinson would view Major League baseball today? My guess he would be proud of the strides that have been made, but frustrated that the number of African American players in the game remains low.✪

## Tarpon Hunters Club Meeting

The Fort Myers Beach Tarpon Hunters Club is offering its annual free Tarpon fishing and tackle clinic Bonita Bills Waterfront Café on Wednesday March 6 at 7 p.m.

Guest speaker this year will be JoEllen Wilson, juvenile tarpon habitat program manager with the Bonefish & Tarpon Trust. Along with additional speakers, she will discuss how to find and catch the mighty “silver kings” using conventional, light and fly tackle. There will be instructional displays on the essentials of rigging and choosing the right baits.

The Fort Myers Beach Tarpon Hunters Club is the oldest tarpon fishing club in the world. Established in 1962 with the principal objective of promoting the grand sport of tarpon fishing with sportsmanship and safe boating practices, the club is committed to the preservation of tarpon and their habitat while utilizing the International Game Fish Association rules for catch and release. The club meets on the first Monday of each month in Bonita



JoEllen Wilson photo provided

Bill’s community room. Bonita Bills Waterfront Café is located at 702 Fisherman’s Wharf on Fort Myers Beach. Contact Steve Johnson at 630-880-1023 or [www.fmbtarponhunters@gmail.com](http://www.fmbtarponhunters@gmail.com) for more information.✪

## SPORTS QUIZ

1. How many of the top five spots for intentional walks for a season does Barry Bonds hold?
2. Entering 2019, Washington’s Max Scherzer had struck out 250 or more batters for how many consecutive seasons?
3. Since the 1970 merger, six rookies have led the NFL in rushing for a season. Name three of them.
4. In 2018, Jay Wright became the winningest men’s basketball coach (career victories) in Villanova history. Who are second and third on the list?
5. Who are the only two Russian-born winners of the NHL’s Conn Smythe Trophy (MVP of the Stanley Cup playoffs)?
6. In how many different seasons has Formula One driver Lewis Hamilton recorded at least 10 victories?
7. Name the last country to repeat as tennis’ Davis Cup champion.

## ANSWERS

1. He holds the top three, including a record 120 intentional walks in 2004. 2. Five (2014-18). 3. Earl Campbell (1978), George Rogers (1981), Eric Dickerson (1983), Edgerrin James (1999), Ezekiel Elliott (2016) and Kareem Hunt (2017). 4. Alexander Severance (413 wins in 25 seasons) and Rolfe Massimino (357 wins in 19 seasons). 5. Pittsburgh’s Evgeni Malkin (2009) and Washington’s Alexander Ovechkin (2018). 6. Four times (2014, 15, 16 and 18). 7. Czech Republic (2012-13).

## Spring Training Tickets For First Responders

In conjunction with its Hats Off to Heroes program presented by John Hancock, the Boston Red Sox will offer complimentary tickets to the opening single admission doubleheader of its Spring Training season against the Northeastern University Huskies on Friday, February 22 at 1:05 p.m.

All first responders in Southwest Florida including police, sheriff, emergency medical service, fire personnel and active military will receive two free tickets with proper ID. The complimentary tickets will be available for pick-up at the JetBlue Park box office until February 21, on a first-come basis, while supplies last. The JetBlue Park box office hours are Monday through Friday from 10 a.m. to 3 p.m.

“The Red Sox’ Hats Off to Heroes presented by John Hancock salutes those who protect our way of life each and every day,” said Brennan Whitley, senior manager of Florida business operations for the Boston Red Sox. “This is our way of thanking all the first responders who work nonstop for our Southwest Florida community throughout the year.”

The team will play a total of 17 home games, including 16 Grapefruit League games and the game against the Northeastern University Huskies.

The Red Sox’ equipment truck will depart from Fenway Park on Monday, February 4. Truck Day is presented by JetBlue.

Pitchers and catchers are scheduled to hold their first workouts on February 13 and position players are scheduled to hold their first workouts on February 18. Workouts are free and open to the public.

The club will once again hold an Open

continued on page 21

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## Boston Manager To Attend Evening With The Red Sox

Boston Red Sox Manager Alex Cora will be in attendance at this year's 14th annual Evening with the Red Sox at JetBlue Park on Tuesday, February 19 at 5:30 p.m. Cora will be accompanied by CEO Sam Kennedy, Red Sox President of Baseball Operations David Dombrowski and the 2018 World Series Trophy.

Cora, Kennedy and Dombrowski will be on hand for a special question-and-answer session with event attendees. Attendees will also be able to have their photo taken with the 2018 World Series Trophy.

Cora led the team to the 2018 World Series championship in his first season as a manager, becoming the fifth manager to do so in MLB history and the first as a Puerto Rican manager. He is a former utility infielder from 2005-08 and the 22nd former Red Sox player to manage the club. Cora played in the major leagues from 1998 to 2011 and spent four years as a baseball analyst for ESPN and ESPN Deportes. He spent last season as a bench coach for the Houston Astros and the past five winters as general manager for the Criollos de Caguas in the Puerto Rican Winter League.

Kennedy has been with Red Sox upper management since 2002 and previously served as executive vice president and chief operating officer before being named president and CEO of Fenway Sports Management. He serves on the MLB International Committee; the BIDMC



Alex Cora

photos provided

Trustee/Advisory Board and Marketing Committee; the Trinity Board of Fellows; Dana-Farber's Visiting Committee for Institute Initiatives; and the Camp Harbor View Board of Directors.

Dombrowski is a professional baseball executive and previously served as the general manager of the Montreal Expos, and the general manager and president of the Florida Marlins and Detroit Tigers.

"This event always has world class players autographing balls for attendees, but to know we will have Alex Cora in attendance again this year is phenomenal," said Rodney Ford, general manager for Coca-Cola Beverages Florida and this year's event co-chair. "We are so excited to be bringing the event back to JetBlue Park,



Sam Kennedy

the Spring Training home of the Boston Red Sox, and now this year's autograph session and Q&A will be extra special coming off the Red Sox 2018 World Series win."

Last year's autograph session included manager Alex Cora, catcher Blake Swihart and pitchers David Price, Robby Scott and Joe Kelly.

The evening will include an extended cocktail reception with complimentary heavy hors d'oeuvres, beer and wine, autograph signings from Red Sox players, and silent and live auctions that will include exciting trips to major cities, sports memorabilia packages, theme park passes, golf outings and more.

A limited number of raffles for a Red

Sox fan experience with a trip for four to Boston is still available. The package includes a two-night hotel stay and tickets for four to two games at Fenway Park including seats on the famed Green Monster, a private VIP tour of the ballpark and on-field access. Only 200 raffle tickets will be sold at \$50 each with all proceeds going to support the Boys & Girls Clubs of Lee County.

This year's presenting sponsor is Ted Todd Insurance. Sponsorships are available from \$1,500. Individual tickets are \$150 per person. Donations for auction items are also being accepted.

For more information, to register, get raffle tickets, sponsor or donate to the event, visit [www.loveleekids.org](http://www.loveleekids.org) or contact Shannon Lane at 334-1886 or [slane@bgcl.net](mailto:slane@bgcl.net).

From page 20

## Spring Training

House at JetBlue Park on Saturday, February 16 from 11 a.m. to 3 p.m. The free event, open to the public, welcomes fans to walk around the park and the grounds, while enjoying concessions and entertainment on Fenway South Drive – a street festival inspired by Jersey Street in Boston.

The 2019 season is the Red Sox' eighth at JetBlue Park at Fenway South. All day games are scheduled to begin at 1:05 p.m. Only one night game is scheduled for March 21 at 6:05 p.m. when the Red Sox host the Tampa Bay Rays.

For more information, call 226-4783 or email [jbpevents@redsox.com](mailto:jbpevents@redsox.com).

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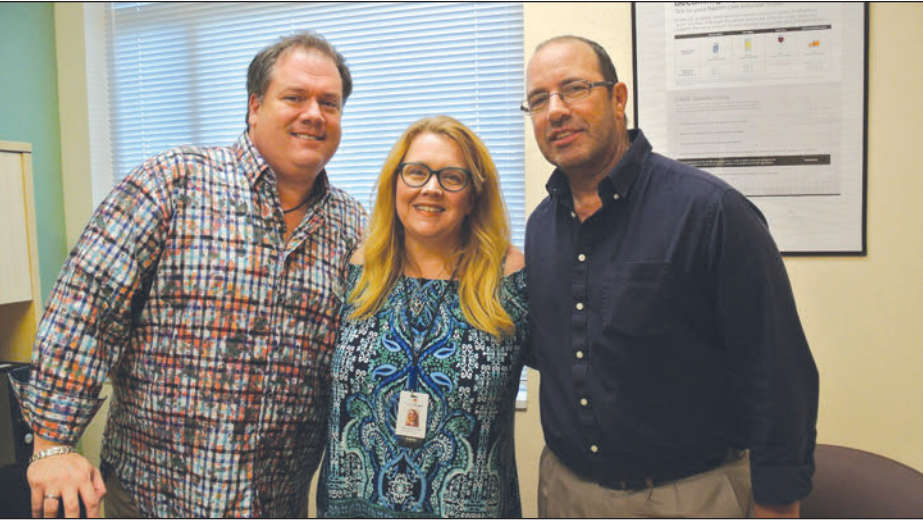
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From left, Marc Collins, Michelle Sutherland and Rob Tabor

photos provided

# Grand Opening Of New Clinic

SalusCare’s Medication Assisted Treatment (MAT) clinic celebrated its grand opening with an open house on January 15, which attracted more than 50 community leaders, healthcare professionals and interested residents.

Medication Assisted Treatment is

treatment for opioid addiction disorders that includes the use of medication along with counseling and other support. The clinic treats individuals age 18 and older who meet criteria for substance use disorders such as opioids and alcohol.

“We are thrilled to bring this much-needed service to our community,” said SalusCare President & CEO Stacey Cook. “Research shows that a combination of medication and therapy



Hadi Keyhani and Todd Cordisco

can successfully treat substance use disorders and, for many, can help sustain recovery.”

The clinic is led by addiction psychiatrist Dr. Zaheer Aslam who supervises a psychiatric advanced practice registered nurse (APRN) and other medical staff. In addition, the clinic is staffed by licensed clinicians and care coordinators to link patients with community resources, provide case management and needed therapy.



Amy Kosinski and Paul Poland

The clinic operates Monday through Friday at SalusCare’s Evans Avenue campus, 3763 Evans Avenue in Fort Myers and patients are seen by appointment only. Treatment is funded by several sources, including grants through the state of Florida and Lee County. The clinic also accepts self-pay and insured patients as well.

For more information about the MAT clinic, call SalusCare’s Welcome Center at 275-3222.\*



From left, Stacey Cook, Marshall Bower and Jane Lane



From left, Jackie Nolen, Mary Fischer and Marshall Bower



From left, Karen Twombly, Jayme Hodges, Tianna Herman and Michael Bennett



Bill Weaver and Tracey Weaver



Lizbeth Pine and Don Pine



Kim Becker and Jane Lane



Margie Graf and Amy Dimon



# Help Transform Local Children's Mental Health

submitted by Dr. Paul Simeone

Suicide is the third-leading cause of death for youth in Florida. A child or young adult commits suicide once every 30 hours.

An estimated 46,000 children in Southwest Florida are impacted by some form of mental illness.

Along with these alarming statistics, we also face a national shortage of providers who diagnose and treat mental health conditions. On average, children wait eight to 10 years from the onset of symptoms before they are diagnosed and treated. It's no wonder families and providers alike feel an overwhelming sense of hopelessness.

However, Kids' Minds Matter has stepped forward to boldly proclaim, "There is hope!"

In November, Golisano Children's Hospital, Lee Health and the Lee Health Foundation introduced Kids' Minds Matter as the region's new strategic solution to mental and behavioral health. Families impacted by depression, anxiety and trauma now know they have an advocate in Kids' Mind Matter.

Kids' Minds Matter has grown beyond Lee Health to align Southwest Florida providers in the development of strategic solutions that improve access to high-quality care. Passionate leaders in local health care, education, law enforcement, judicial and nonprofit organizations have



Dr. Paul Simeone

already begun mapping out a plan to better serve the youth of this community by sharing their collective expertise.

Three critical areas of focus have emerged as priorities:

Legislative lobbying with a focus on breaking down silos, unifying stakeholders and lobbying for systematic change and sustainable funding for integrated pediatric mental health services.

Developing clinical pathways to more effectively screen and treat patients by improving access and quality across the full continuum of care, as close to home as possible.

Education aimed at improving public awareness and reducing stigma regarding mental health conditions.

Lee Health also is developing a first-of-its-kind TelePsychiatry program that will allow families to receive professional advice and counseling through a computer chat or mobile phone. This will expand access to providers and invite the best professionals across the nation to serve patients right here in Southwest Florida.

To make all this possible, Kids' Minds Matter has launched an ambitious \$10 million fundraising campaign. As a community-wide solution, its success hinges on community support. The children and parents of this community have waited far too long for the mental and behavioral healthcare services they so desperately need, and 2019 ushers in the beginning of a new movement.

To learn more about how donations to Kids' Minds Matter enhance children's mental and behavioral healthcare initiatives in Southwest Florida, visit [www.kidsmindsmatter.com](http://www.kidsmindsmatter.com) or call 343-6950. You, too, can become an advocate for pediatric mental health, saving lives and healing families with a gift to Kids' Minds Matter.

*Dr. Paul Simeone is vice president of mental and behavioral health for Lee County.\**

From page 1

## Grande Dames

in 1988, and today, the Colgates are considered "celebrities" in the sailing world, the leaders of more than 150,000 sailing school graduates.

Colgate has earned numerous accolades for her leadership in sailing, is the founder of the National Women's Sailing Association, the AdventureSail mentorship program for at-risk girls, and the Women's Sailing Foundation, a not-for-profit organization dedicated to enhancing the lives of women and girls through education and access to the sport of sailing. She has served on multiple boards and committees within the sailing industry, and is an active member of the Southwest Florida community, serving on the board for Florida Repertory Theatre, regularly hosting fundraising sailing regattas, donating sailing opportunities and providing monetary support for a number of organizations and causes.

Fischer, 76, is a well-known name in Southwest Florida, recently re-elected to her third term as a district representative for the Lee County School Board. Recognized for her devotion to service and education, Fischer moved to Cape Coral in 1977 and soon began her teaching career in Lee County, where she was a

school counselor, teacher and prevention specialist.

A passionate advocate in her support of local children's causes, Fischer also served as a certified family mediator for the Florida Supreme Court, a national certified trainer for BullySafe, program director for Guardian ad Litem Foundation, 20th Judicial Circuit and a medical social worker for the Lee Memorial Health System (now Lee Health). Fischer has served on many boards and committees through her role as the Lee County School Board liaison, in addition to her personal support of Pace Center for Girls and Lee County Coalition for a Drug-Free Southwest Florida, and serving as a lector at St. Katharine Drexel Church. She is a mother of four, with eight grandchildren and four great-grandchildren.

The 11th annual Grande Dames Tea will be held on Tuesday, March 26 from 1 to 3 p.m. at Broadway Palm Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers. Admission is \$60 per person and \$500 for tables of eight. Proceeds benefit the PACE Center and its strength-based, gender-specific programs that guide PACE girls in finding their voice and achieving their potential.

To purchase tickets or for information about sponsorship opportunities, visit [www.pacecenter.org/locations/lee](http://www.pacecenter.org/locations/lee) or call 425-2366.\*

# Hope Parkinson Symposium February 15



Amanda Avila



Arif Dalvi

Health care professionals, therapists, volunteers, care partners and those living with Parkinson's disease are invited to a morning of education and inspiration at the annual Hope Parkinson Symposium at Broadway Palm Dinner Theatre on Friday, February 15. The day kicks off at 10 a.m. with an optional pre-event lecture presented by ACADIA Pharmaceuticals. Neurologist and movement disorder specialist Dr. Arif Dalvi from the Palm Beach Neuroscience Institute will discuss

Common Non-Motor Symptoms of Parkinson's Disease.

The symposium begins at 11 a.m. and will feature James Lubanovich from the Michael J. Fox Foundation, presenting What's New in Parkinson's Research. Neurologist and Movement Disorder Specialist Dr. Amanda Avila will discuss Parkinson's Below the Belt.

The event concludes with an inspirational message to make "Every Victory Count" from Davis Phinney Foundation Ambassador Edie Anderson.

Symposium registration begins at 9:30 a.m. where you can view exhibits from presenting sponsor Acadia Pharmaceuticals, supporting sponsors Medtronic and US WorldMeds, along with the Davis Phinney Foundation, Lee Health Rehabilitation Services, Osterhout & McKinney, PA, Seniors Blue Book, GE Healthcare and Voice Aerobics.

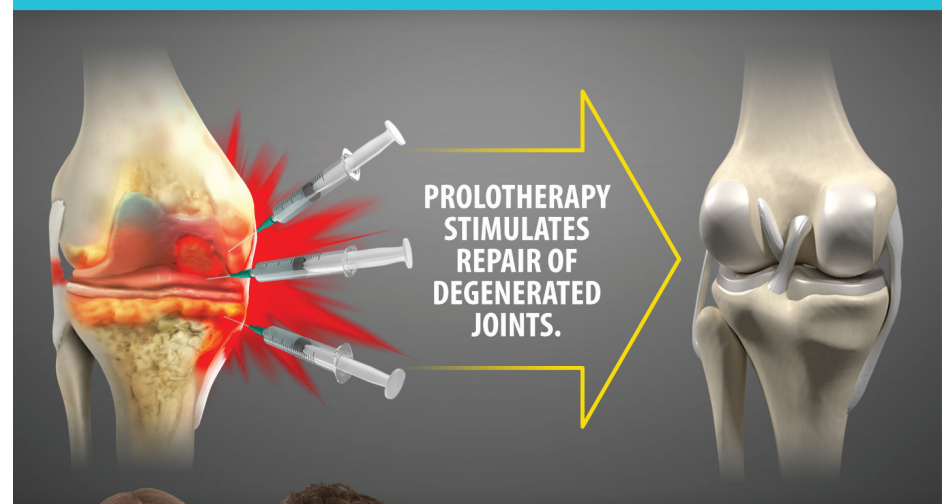
Seating is limited and pre-registration is required at [www.hopeparkinson.org/events](http://www.hopeparkinson.org/events). Cost is \$25 per person, which includes a deluxe lunch buffet, beverages and dessert.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information on Hope Healthcare and the symposium, call 482-4673 or visit [www.hopehcs.org](http://www.hopehcs.org).\*

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# Supplements That Should Be Taken With Food



by Suzy Cohen, RPh

**D**ear Readers: There is much confusion about when to take herbal supplements, vitamins and medications. Do you take them on an empty stomach or with food?

No matter what you take, you should be drinking a full glass of water to make sure the pill doesn't linger in your esophagus and cause irritation.

When a dietary supplement, enzyme or medication states the directive to "take with food," it usually means to take while your eating, or a few minutes beforehand. But since you have food in your gastrointestinal tract for a little while, it would be fine to take the item right after you eat. There's no right or wrong.

**The following supplements should be taken with food:**

**Ashwagandha** – This popular adaptogen should be thought of a little bit like 'food' because it is an herb. All herbs should be taken with a snack or a meal in order to amplify the benefits and reduce nausea.

**Multivitamins or pre-natal vitamins** – There are so many constituents in these supplements, that it's best to take them with food in order to minimize stomach upset and nausea.

**CoQ10** – Some people take this powerful antioxidant for cellular energy production to support their heart, pancreas, liver and brain. CoQ10 (ubiquinone) should be taken with food, or a fatty meal to speed absorption.

**Selenium** – This is taken for thyroid inflammation, bone health, prostate support and immune support. It's ideally

taken with food.

**Magnesium** – Some people take magnesium for depression, regularity, reduction of leg cramps and blood pressure support. Like most minerals, taking magnesium with a snack can minimize diarrhea and stomach discomfort.

**Vitamin D** – You can take this without regard to meals, according to the newest research. However, most of the older scientific literature say to take it with food since it's fat-soluble.

**Fish oil** – Some people take fish oil to help with cholesterol, triglycerides, depression and blood joint health. Taking fish oil supplements (EPA, DHA or both) with food or fatty meals is ideal because it boosts the absorption.

**The following medications should be taken with food:**

**Antacids** – These help with heartburn or reflux. They should always be taken with food so that it can neutralize the acid that is secreted while you're eating.

**Amoxicillin** – The most popular antibiotic, especially for children. I recommend it be given to toddlers and teens with food in order to reduce indigestion, nausea and vomiting.

**Corticosteroids** – These are used for pain, allergic reactions, rashes and overactive immune systems. These should always be taken with food or milk. Some examples include prednisone, hydrocortisone and dexamethasone.

**Aspirin and ibuprofen** – Ideally these are taken with food.

**Metformin** – Taken for diabetes, this medication is best taken around meal time in order to reduce blood sugar levels after eating.

**Enzyme supplements or medications** – Some people can't digest food normally, so they take enzyme supplements which break down the starch, fat and protein in a meal. Take these with meals. If a medication (i.e. Creon) is required to restore pancreatic function, it needs to be taken with meals.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

Doctor and Dietician

# A Valentine For Your Heart



by Ross Hauser, MD and Marion Hauser, MS, RD

**H**earth: The central or innermost part of something. In the human body, it pumps blood through the circulatory system. The emotional or moral nature of the heart is love and compassion. Both types of "heart" can be strengthened at any time – even as we age.

We spoke in an earlier article how love and generosity strengthen the heart, reduce stress and can help us live longer, more vibrant lives.

Let's look at the physical human heart – the hardest working muscle in the body. By the time many people are in their 50s, parts of the heart weaken and vessels stiffen, leading to increased blood pressure, making our hearts work harder, which can eventually lead to cardiac failure.

Research cardiologist Benjamin Levine, MD, of University of Texas Southwestern Medical Center and director of the Institute for Exercise and Environmental Medicine in Dallas, wanted to know if it was "too late" for those people who have been sedentary most of their adult lives to strengthen their hearts.

He took a group of sedentary middle-aged adults and started them on an exercise program four or five times per week. The control group began stretching and balance work. One workout per

week was a short but strenuous interval workout, while the other workouts were more moderate, like fast walks or jogs lasting 30-plus minutes. They continued this pattern for two years.

The results showed that by the end of two years the exercisers were more fit compared to the control group, with stronger and younger left ventricle heart muscles. Dr. Levine concluded his results suggest that our hearts can still change if we exercise. As they say in Chicago, vote early and often. Same goes for exercise: start early in life and exercise regularly. It is never too late.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*

From page 1

# Garden Festival

vegetables, bromeliads, hibiscus, butterfly plants, African violets, orchids, air plants, herbs, succulents, cacti and many hard-to-find species. Vendors will also offer garden supplies and gift items, such as mulch, trellises, pottery, cut flowers, jewelry and artwork.

The festival will feature live music, Millennial Brewing Company will have a special brew made for Edison Ford, and several food trucks will be on site. There will also be kids gardening activities for the little gardeners.

A limited number of carts will be available, so guests are encouraged to bring a cart or wagon for transporting plants. A designated plant holding tent and loading spot will be offered for anyone needing assistance. Parking and admission to the festival is free; tours of the homes, museum and lab are not included.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, call 334-7419 or visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org).

# Initiative To Treat Opioid Addiction

**L**ee Health has launched a pilot program to treat opioid addiction and address the opioid crisis in Southwest Florida. The initiative includes implementing medication-assisted treatment (MAT) for patients with endocarditis, a potential deadly heart infection.

The opioid crisis has induced a marked increase in endocarditis patients, a heart valve infection that often stems from intravenous drug use and results in multiple surgeries and hospitalizations.

Over the last two years, more than 8,000 inpatients were discharged with a substance abuse diagnosis other than alcohol or tobacco. Of these patients, nearly 340 were admitted with infective endocarditis for more than 6,000 total inpatient days and a 29.1 percent readmission rate. This is nearly double the health system's average readmission rate

for all inpatients.

MAT is an evidence-based treatment that uses medication to block the effects of opioids and helps users effectively maintain sobriety and recovery. MAT works by activating opioid receptors in the brain to provide relief from withdrawals and cravings without providing the euphoria that comes from using opioids.

To make the program possible, hospitalists and emergency department doctors have applied for and received waivers to administer and prescribe buprenorphine, an opioid-like medication used to treat opioid addiction.

To date, a handful of patients have entered into the pilot program which involves the following steps:

- 1) Treatment of the endocarditis infection
- 2) Voluntary enrollment by patients with substance use disorder, including signing a patient code of conduct agreement
- 3) Patient begins MAT treatment with closely monitored doses of buprenorphine
- 4) Patients are seen weekly by the licensed clinical social worker from

Spiritual Care Services for drug addiction counseling

5) Peer specialist support from individuals with personal experience in addiction recovery that are trained to support patients on their recovery journey. Lee Health is collaborating with its community partner Operation Par to arrange for these specialists

6) Upon discharge, patients will be given a prescription for continuing MAT and have the option of being transported to the outpatient community resource that will be providing their continuation of care

Brian Hummel, MD, a cardiothoracic surgeon at Lee Health's Shipley Cardiothoracic Center, convened an interdisciplinary team of caregivers to find a solution after seeing cases of endocarditis skyrocket. "I was alarmed by the number of patients returning to my care when they relapsed after trying standard addiction treatment. MAT has been proven to be the most effective treatment for opioid abuse, and we believe it will lead our patients to healthier lives," he said.

According to a report from the U.S.

Department of Health & Human Services, MAT is the only viable treatment for opioid-addicted patients. Research shows the treatment reduces relapses, reduces risky behaviors that lead to other diseases, including HIV, and decreases the criminal behavior often associated with addiction.

"Detoxification and abstinence fail too often to be a viable option for people with substance use disorder. Opioid addiction is a disease, and we must treat it as we would any other disease, by using proven medical techniques and treatments to provide the most effective care for our patients," said Dr. Aaron Wohl, a Lee Health emergency department physician and advocate for addiction treatment reform.

"Our goal is to provide patients with the support they need through the entire recovery process. Through progressive MAT treatment, collaboration with our outpatient community partners and compassionate emotional support, we are confident we can continue to help lead Southwest Florida's response to the opioid crisis," said Dr. Hummel.



# PETS OF THE WEEK

photos provided

Haven on Earth Animal League

## Lily And Sylvia



Lily

**H**i, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center.

Hello, I'm Sylvia. Aren't I just adorable? I'm only 6 months old and a very sweet little girl. I'm



Sylvia

currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\**

Lee County Domestic Animal Services

## Dusty Gracy And Leeloo



Dusty Gracy ID# A766326

**H**ello, my name is Dusty Gracy. I am a 6-year-old female domestic shorthair who has found myself at Animal Services after my owner passed away. I have the cutest kewpie doll face that is very expressive. I like to talk to you even through my cattery window. I would prefer to be the queen bee in my new home, but with a beauty like me, what more could you need?!

My adoption fee is \$14.

Hi, I'm Leeloo. I am a 2-year-old female pit bull mix who is a pint-sized cutie that weighs just 32 pounds. So, if you like a big dog personality but need a smaller-sized dog, I am the gal for you. My favorite thing is belly rubs. Rub my belly, and I will be your best friend for life. I have great manners, am very even tempered and would make a great addition to your family.

My adoption fee is \$14.



Leeloo ID# A765338

Puppy love is in the air at Lee County Domestic Animal Services (LCDAS). Plenty of "smitten kittens" and "devoted doggies" are available to adopt as furry valentines this year instead of the traditional roses and chocolates. All adoptions this month will cost \$14 with an approved application.

The reduced adoption fee includes the complete package of services: sterilization, age appropriate vaccinations, county license, microchip ID, deworming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, and a 10-day health guarantee. The adoption package is valued at more than \$500.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\**



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

### ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

### CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

### AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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PUZZLES

Answers on page 29

Super Crossword

HER MIXED-UP ACTIVITIES

- ACROSS**

1 Make hostile

9 Sliced to bits, as a potato

14 Quibble

19 Used with both ears

20 Love, in Lido

21 Like a lamb

22 Eleanor Roosevelt's successor chars beef and pork?

25 Step foot in

26 Pluralizable word

27 By means of

28 D.C.'s nation

30 "The Cosby Show" actress defeats a jungle beast?

37 Lamb's cry

40 Org. for cavity fillers

41 Suffix with election

42 High volcano in Europe

43 "La La Land" co-star makes an animated fish docile?

52 First episode

53 Actor Hale

54 "— big girl now"

55 Piece of lifting lingerie
- 58 "Mixed Nuts" actress successfully woos a seamster?

65 Ivanisevic of tennis

66 "Cómo —?" (Jorge's greeting)

67 Tiptoed about

68 Smear (on)

70 Female pastor, e.g.

75 Poet Gallagher

76 Deep dislike

78 Battery pole

79 Some iPods

81 "Crazy" singer cuts a gossip meddler's fingernails?

87 Comedian Schumer

88 Wade's rival

89 Top 40 tunes

90 Big name in tractors

92 "Gidget" star challenges the head of a college?

98 Frozen drink brand

101 Savings plan, for short

102 Holiday in Vietnam

103 Divs. of a ton
- 104 1980s astronaut irritates a peeress?

113 — tight leash

114 Poet's p.m.

115 Ray of McDonald's

116 Brewery kilns

120 "Buttons and Bows" singer stashes away dozens of cases of classic soda?

127 Habituate

128 Circus venue

129 Part of PG

130 Franklin's belief in God

131 Burdened

132 "No turning back now!"
- 11 "See how many there are," informally

12 Be off target

13 Fox's home

14 Sky streaker

15 Declares

16 By means of

17 Know instinctively

18 Classroom instruction

23 Year, to Jorge

24 Hot tub site

29 Gasteyer of "Mean Girls"

31 Roosted

32 Busyness

33 Ho-hum

34 Queen, e.g.

35 Hosp. sites

36 Singer Sayer

37 Queen, e.g.

38 ABA or AMA part: Abbr.

39 Uncertainty of meaning

44 Large tour vehicle

45 Sky shiner

46 Loop trains

47 Eastern ideal

48 Actress on NBC's "The Brave"

49 Leaf, Sentra and Maxima

50 Ambulance VIP
- 51 "Serpico" author Peter

55 1990 Jamie Lee Curtis action thriller

56 Birds of Arabian myth

57 Torah cases

59 WWII female enlistee

60 Got some air

61 Toronto-to-Detroit dir.

62 Midori on ice

63 War zone of the '60s

64 Spoke slowly and solemnly

68 L — (drug treating Parkinson's)

69 Actor West

71 Prefix with lateral

72 Actor Silver

73 Pre-F string

74 Vetoing vote

77 Gore Vidal's Breckinridge

80 Beatty and Buntline

82 Cheat

83 Tell untruths

84 "— be a pleasure!"

85 Exams for some jrs.

86 Yemeni, e.g.
- 91 Navy off.

92 Salt, in Paris

93 Disposed

94 "... and yet here we —"

95 Burgundy or maroon

96 Kinsman: Abbr.

97 Greek letter #7

98 Prefix with lateral

99 Frank

100 May of film

105 A long time

106 Alter, in a way, as a skirt

107 Seat holders

108 Actress Rich

109 Actress Lindsay

110 — warrior

111 Prescription amounts

112 One-named New Age musician

117 Tennis units

118 Baht earner

119 Sediment

121 Rapa — (Easter Island)

122 TV's Linden

123 Man-mouse linkup

124 Disposed

125 Cheer yell

126 Soft & —

1	2	3	4	5	6	7	8		9	10	11	12	13		14	15	16	17	18		
19									20						21						
22									23						24						
25									26						27				28		29
				30		31	32	33					34	35				36			
37	38	39			40						41						42				
43			44	45					46	47	48				49	50	51				
52							53							54				55	56	57	
	58				59	60					61	62	63				64				
		65							66							67					
68	69				70		71	72	73						74		75				
76				77		78								79		80					
81					82						83	84	85						86		
87				88					89						90					91	
			92					93	94	95					96	97					
98	99	100						101						102					103		
104					105	106	107					108	109	110				111	112		
113					114					115							116		117	118	119
	120			121					122	123					124	125	126				
	127								128						129						
	130								131						132						

King Crossword

- ACROSS**

1 Soybean paste

5 Young fellow

8 In the thick of

12 Pastoral poem

13 Hockey surface

14 Start over

15 Tear

16 Some inoculations

18 Left the premises

20 Grown-up nit

21 Petrol

22 Jan. and Feb.

23 Building wing

26 Battery brand

30 Golf prop

31 Whammy

32 Equal (Pref.

33 Combat-zone helicopter

36 Connection

38 Express

39 Peruke

40 Accumulate

43 Empty spaces

47 Time away from work

49 Largest of the seven

50 TV trophy

51 Conk out

52 Trawler equipment

53 Actor Roger

54 Peculiar
- 55 Citrus drinks

17 Satiating

19 Levy

22 Baer or Schmelting of boxing

23 \$ dispenser

24 Born

25 Homer's neighbor

26 Fun 'n' games

27 Compete

28 "— was saying, ..."

29 Anti

31 Dinner for Dobbin

34 English compositions
- 35 Expansive

36 Twitch

37 Galapagos lizard

39 Subsided

40 State

41 Jerry Herman heroine

42 Pinnacle

43 Null and —

44 Secondhand

45 Teeny bit

46 Back talk

48 Altar affirmative
- DOWN**

1 Nuclear missile acronym

2 Concept

3 Harmonization

4 Senescence

5 A cat has nine —

6 Mil. sch.

7 Nov. follower

8 Melodious

9 List of options

10 Mid-March date

11 Medicinal amount

MAGIC MAZE

SON NAMES

K	C	Z	W	U	R	P	M	J	H	E	C	Z	T	X
U	G	S	Q	N	L	J	G	E	C	Z	X	Y	V	T
R	I	P	N	L	J	H	E	N	N	C	S	N	A	Y
W	B	M	A	D	I	S	O	N	O	O	V	O	T	R
P	S	N	L	C	N	S	N	K	N	S	S	S	I	G
E	O	C	B	A	I	O	O	O	N	Z	N	R	X	W
U	N	O	S	R	E	T	S	A	M	O	O	A	A	S
R	P	O	R	L	M	N	P	N	L	J	S	C	W	L
I	G	A	E	S	H	D	M	B	O	A	N	T	Y	S
X	H	W	N	O	S	L	I	W	U	R	E	T	A	S
Q	P	O	J	N	N	O	S	L	E	N	B	N	L	W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Benson

Bronson

Carlson

Carson
- Gibson

Harrison

Johnson

Larson
- Masterson

Nelson

Simpson

Swanson
- Tyson

Watson

Wilson





"It's so nice that Jim's \_\_\_\_\_  
and can enjoy his free time."  
answer on page 31

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Deepen        
**GEDDER**        
Cheer        
**ASPIRE**        
Adore        
**DREAMI**        
Secede        
**TAPERD**

**TODAY'S WORD**

1	7		9			6		
		3			7		9	1
2				4				8
	1				8	5		
9			4				8	
		5		1				2
	3		8			2	7	
7				6			1	
	9	2			1			4

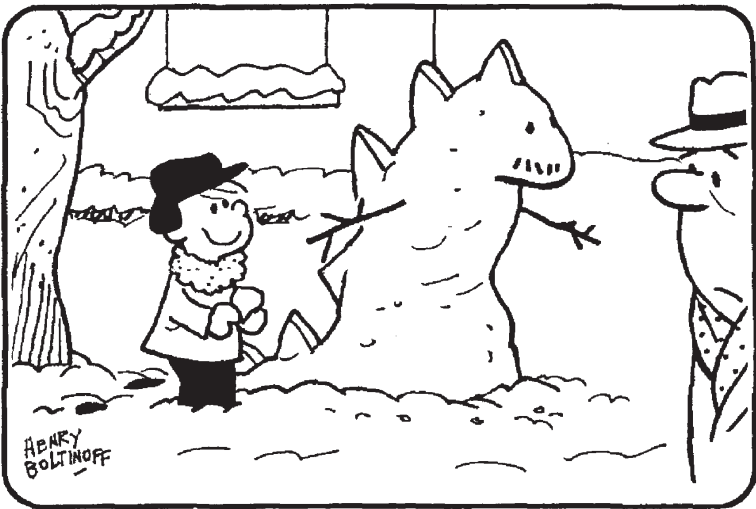
## SUDOKU

**To play Sudoku:**  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

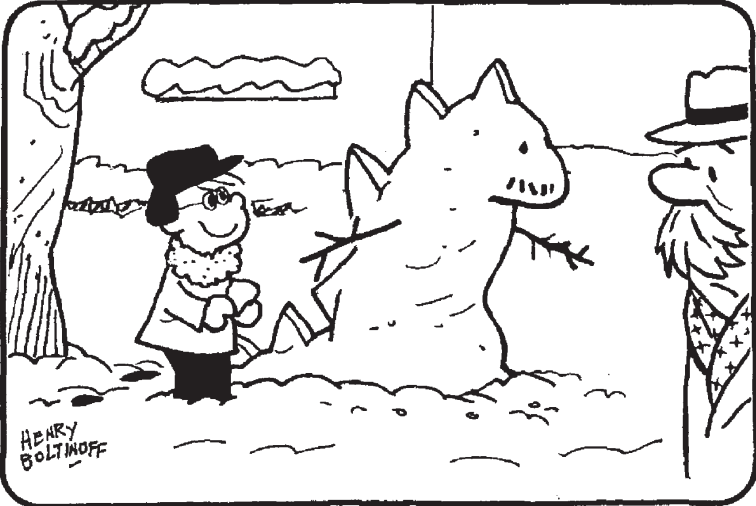
answer on page 29

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



**FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS**



Differences: 1. Window is missing. 2. Man has mustache. 3. Boy is wearing glasses. 4. Snow creature is shorter. 5. Man's scarf is different. 6. Creature's "arm" has more branches.



### Sweet Potato and Carrot Cupcakes

2 cups mashed sweet potato (1/2 cup separated)

- 1 carrot, grated
- 1 cup pecans, candied and crushed
- 1 tablespoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon ground cardamom
- 1/4 teaspoon ground ginger
- 1/8 teaspoon ground white pepper
- 1/8 teaspoon sea salt
- 1 cake mix, store bought or homemade

Cream cheese frosting, store bought or homemade

Preheat oven to 375 degrees if using the homemade recipe (if using store bought, follow package instructions). Prepare cupcake batter using box mix or homemade recipe provided. Once the batter is prepared, place cupcake liners in the cupcake pan and set aside. In a small bowl combine the cinnamon, nutmeg, cardamom, ginger, white pepper, and sea salt and set aside. In another small



**Sweet Potato and Carrot Cupcakes**

bowl combine 1 1/2 cups of the mashed sweet potato and 1/2 of the spice mixture. Fold this mixture along with the grated carrots into the cupcake batter until combined. Using an ice cream scoop, evenly divide the batter into the liners (about 2/3 full) do not overfill. Bake for

about 16-18 minutes (if using the scratch made recipe) or until a toothpick comes out clean when inserted. Set aside to cool completely.

Meanwhile, fold in the remaining 1/2 cup sweet potato mixture into the cream cheese frosting. When the cupcakes are

completely cooled, frost each cupcake with desired amount of frosting. Sprinkle the crushed pecans and a small amount of the remaining spice mixture on each cupcake. Keep the cupcakes in a cool and dry area until ready to serve.\*

photo courtesy Fresh From Florida



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That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

*Thank you for your generosity!*

Mail your tax-deductible donation to:  
**The Harry Chapin Food Bank**  
3760 Fowler Street, Fort Myers, FL 33901  
Call (239) 334-7007 or donate online at:  
harrychapinfoodbank.org

**THE RIVER**  
WEEKLY NEWS  
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank  
OF SOUTHWEST FLORIDA

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PHONE: (239) 472-5247 • CELL: (239) 229-6366

## My Stars ★★★★★

FOR WEEK OF FEBRUARY 11, 2019

**Aries** (March 21 to April 19) Doing something nice for others is typical of the generous Arian. But be prepared for some jealous types who might try to question one of your more recent acts of kindness.

**Taurus** (April 20 to May 20) You're eager to take on new responsibilities. But before you do, you might want to check out exactly what would be required of you so that you don't face any "surprises" later.

**Gemini** (May 21 to June 20) It might be best to put off an important decision until a fluctuating situation becomes more stable. Recently received news could help resolve a long-standing family matter.

**Cancer** (June 21 to July 22) If you still have a problem getting that information gap closed, you might consider asking a higher authority to resolve the matter, leaving you free to move on to another project.

**Leo** (July 23 to August 22) A family matter needs to be dealt with at the start of the week. Once it's resolved, the Big Cat can devote more attention to that new opportunity that seems to hold so much potential.

**Virgo** (August 23 to September 22) Pay attention to those nagging doubts. They could be warning you not to make any major decisions until you've checked them out -- especially where money matters might be involved.

**Libra** (September 23 to October 22) A business venture might need more of your attention than you are able to provide. Consider asking a trusted friend or family member to help you work through this time crunch.

**Scorpio** (October 23 to November 21) A more-positive aspect helps you get a clearer focus on how to handle your time so that you can deal with several responsibilities that are just now showing up on your schedule.

**Sagittarius** (November 22 to December 21) A very close friend (you know who that is!) has advice that could help you work through a confusing situation. So put your pride aside and ask for it. You'll be glad you did.

**Capricorn** (December 22 to January 19) A workplace situation could turn a bit tense. The best way to handle it is to confront it and deal with it openly. Doing so can help reveal the underlying reasons for the problem.





FRIDAY

Sunny

High: 74 Low: 67



SATURDAY

Sunny

High: 75 Low: 68



SUNDAY

Sunny

High: 76 Low: 69



MONDAY

Sunny

High: 74 Low: 67



TUESDAY

Sunny

High: 71 Low: 64



WEDNESDAY

Partly Cloudy

High: 66 Low: 59



THURSDAY

Partly Cloudy

High: 68 Low: 57

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:20 am	8:55 am	3:28 pm	8:52 pm	Fri	1:25 am	8:57 am	2:33 pm	8:54 pm	Fri	1:45 am	9:08 am	3:29 pm	9:15 pm	Fri	4:30 am	12:11 pm	5:38 pm	None
Sat	3:05 am	9:22 am	3:53 pm	9:46 pm	Sat	2:10 am	9:24 am	2:58 pm	9:48 pm	Sat	2:33 am	9:28 am	3:50 pm	9:57 pm	Sat	5:15 am	12:08 am	6:03 pm	12:38 pm
Sun	3:57 am	9:50 am	4:24 pm	10:49 pm	Sun	3:02 am	9:52 am	3:29 pm	10:51 pm	Sun	3:34 am	9:46 am	4:04 pm	10:48 pm	Sun	6:07 am	1:02 am	6:34 pm	1:06 pm
Mon	5:02 am	10:19 am	4:59 pm	None	Mon	4:07 am	10:21 am	4:04 pm	None	Mon	4:44 am	10:07 am	4:27 pm	None	Mon	7:12 am	2:05 am	7:09 pm	1:35 pm
Tue	6:33 am	12:02 am	5:42 pm	10:51 am	Tue	5:38 am	12:04 am	4:47 pm	10:53 am	Tue	6:16 am	12:10 am	5:05 pm	10:33 am	Tue	8:43 am	3:18 am	7:52 pm	2:07 pm
Wed	8:52 am	1:24 am	6:34 pm	11:24 am	Wed	7:57 am	1:26 am	5:39 pm	11:26 am	Wed	7:43 am	1:37 am	6:00 pm	11:08 am	Wed	11:02 am	4:40 am	8:44 pm	2:40 pm
Thu	7:37 pm	2:44 am	None	None	Thu	6:42 pm	2:46 am	None	None	Thu	9:02 am	2:42 am	7:17 pm	1:03 pm	Thu	9:47 pm	6:00 am	None	None

# PUZZLE ANSWERS

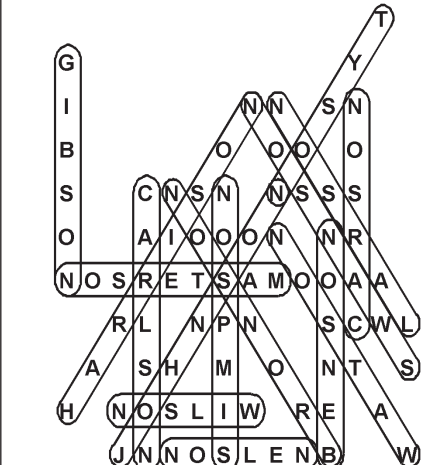
## SUPER CROSSWORD

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## KING CROSSWORD

M	I	S	O			L	A	D		A	M	I	D								
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R	E	E	S			O	D	D			A	D	E	S							

## MAGIC MAZE



## SUDOKU

1	7	4	9	8	3	6	2	5
8	6	3	2	5	7	4	9	1
2	5	9	1	4	6	7	3	8
3	1	7	6	2	8	5	4	9
9	2	6	4	3	5	1	8	7
4	8	5	7	1	9	3	6	2
5	3	1	8	9	4	2	7	6
7	4	8	5	6	2	9	1	3
6	9	2	3	7	1	8	5	4

**Aquarius** (January 20 to February 18) A colleague's remarks appear to be especially cutting. But don't waste your time or your energy trying to deal with the situation. You have more important things to do.

**Pisces** (February 19 to March 20) Support for your work comes as a surprise from someone you thought was critical or, at least, indifferent. Your spouse or partner has big plans for the weekend.

**Born This Week:** Your spiritual strength often acts as an inspiration to help others make decisions about their lives.

## MOMENTS IN TIME

- On Feb. 13, 1861, the earliest military action to be revered with a Medal of Honor award is performed by Col. Bernard J.D. Irwin, an Army surgeon serving in the first major U.S.-Apache conflict. The Irish-born doctor volunteered to go to the rescue of 2nd Lt. George Bascom, who was trapped in Arizona with 60 soldiers by the Apaches.
- On Feb. 14, 1886, the first trainload of oranges grown by southern California farmers leaves Los Angeles via the transcontinental railroad. Development of California surged when state railroad lines linked Los Angeles into the transcontinental railways.
- On Feb. 15, 1903, the first Teddy bear goes on sale. Toy-store owner and inventor Morris Michtom placed two stuffed bears in his shop window, advertising them as Teddy bears, named after President Theodore Roosevelt.
- On Feb. 16, 1923, in Thebes, Egypt,

English archaeologist Howard Carter enters the sealed burial chamber of the ancient Egyptian ruler King Tutankhamen. The room was virtually intact, with its treasures untouched after more than 3,000 years.

- On Feb. 12, 1938, Judy Blume, popular young-adult author, is born in Elizabeth, New Jersey. Blume's books, which realistically address such topics as bullying, divorce, friendships and family, gained legions of young fans; however, their content frequently led them to be banned by school libraries.
- On Feb. 11, 1960, the Federal Communications Commission proposes a new law making it a criminal act to be involved in Payola – corrupt practices in the radio and music industries that involved manufacturing a hit by paying for it to be played on the air.
- On Feb. 17, 1996, world chess champion Garry Kasparov triumphs over Deep Blue, IBM's chess-playing computer, to win their six-game match, 4-2. However, Deep Blue would defeat Kasparov in a heavily publicized rematch the following year.

## STRANGE BUT TRUE

- It was 20th-century American author Margaret Mitchell – best known, of course, for her Civil War-era novel *Gone With the Wind* – who made the following sage observation: "Until you've lost your reputation, you never realize what a burden it was or what freedom really is."
- It seems that the Germans have a word for everything. For instance,

“waldeinsamkeit” describes the feeling of being alone in the woods.

- In rural Wisconsin in 1921, two third-grade students in a one-room schoolhouse became sweethearts. At the end of the school year, Lorraine Beatty and Mac McKittrick lost touch with each other. This story would be unremarkable, except for what happened 87 years later. In 2009, their brothers, who had become friends, brought the couple back together. Shortly thereafter, the couple married and moved in with each other in a retirement home.
- You might be surprised to learn that Edgar Rice Burroughs, author of *Tarzan of the Apes* and its 25 sequels, never actually visited Africa.
- The Sphinx in Egypt is the only one of the Seven Wonders of the Ancient World still in existence.
- The oldest government building in the country actually predates the nation: The Palace of the Governors in Santa Fe, New Mexico, was built in 1610.
- According to tradition, a bride whose dress is made of silk will have good fortune in her marriage. A woman who wears velvet to her wedding will face poverty, and a satin wedding gown will bring bad luck.
- Reportedly, anyone caught in the jaws of a crocodile can release him- or herself instantly by pressing on the animal's eyeballs (though I cannot personally attest to the veracity of this claim).

## THOUGHT FOR THE DAY

“A consensus means that everyone agrees to say collectively what no one believes individually.” – Abba Eban

## TRIVIA TEST

- Movies:** Which 1969 movie featured the song *Raindrops Keep Fallin' on My Head*?
- Literature:** What is the name of Harry's owl in the *Harry Potter* book series?
- Music:** Which American actor performs music as his alter ego Childish Gambino?
- Food & Drink:** Which kids' snack, contained in a box with a string handle, was first marketed in 1902?
- Games:** In what game is a shuttlecock used?
- Space:** Who piloted America's first and shortest flight into space?
- Animal Kingdom:** Which fish is the fastest in the world?
- Geography:** What is Saigon's current name in Vietnam?
- Art:** Which city is home to the statue *David* created by Michelangelo?
- Money:** What was the basic currency of Greece before the euro?

## TRIVIA ANSWERS

1. "Butch Cassidy and The Sundance Kid"
2. Hedwig
3. Donald Glover
4. Animal-shaped crackers then known as "Barnum's Animals"
5. Badminton
6. Alan Shepard
7. The black marlin
8. Ho Chi Minh City
9. Florence, Italy
10. Drachma



# ★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

## REAL ESTATE

### GARCIA REAL ESTATE AND CONSULTING



**RICHARD J. GARCIA, GRI,  
BROKER  
239-472-5147**

**garciaonsanibel.com**  
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.

4/29 ★ TFN

## COMMERCIAL RENTAL

### WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

8/5 ★ TFN

### COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

7/13 ★ TFN

### OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/reception area and 1/2 bath. Call Mike at 970-476-9204 or email pazzos@vail.net

11/30 ★ TFN

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**Cottages To Castles**  
Unique Vacation Rentals

2427 Periwinkle Way  
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Local: (239) 472-6385  
Toll Free: (800) 472-5385  
Fax: (239) 472-5858  
www.cottages-to-castles.com

1/26 ★ TFN

### Island Vacations

Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
**239-472-7277**  
**1-888-451-7277**

1/4 ★ TFN

## SEASONAL RENTAL

### SANIBEL – SEASONAL RENTAL AVAILABLE FEBRUARY & APRIL, 2019

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor close access to the beach and causeway on the East End of Sanibel. Perfect location – \$7,500 per month. VIP Realty Group Inc. Call or text Rose at 239-851-5188.

12/21 ★ TFN

## ANNUAL RENTAL

### SANIBEL – DUNES ANNUAL RENTAL

3 bedrooms, 3 baths. Pool and tennis courts. Close to beach. \$2,250 monthly or \$3,500 seasonally. VIP Realty Group Inc. Call or text Rose at 239-851-5188.

1/18 ★ TFN

### ANNUAL RENTAL ON SANIBEL

2 bdrm/1 bath, East End, Nerita St. 1/2 of Duplex, bright, clean, walk to beach. Washer & dryer in unit, sundeck. Includes yard service & pest control. No Smoking/No pets. \$1,700. Call Bob 410-913-2234.

1/11 ★ TFN

### SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800  
2/2 on Sandpebble \$2,000  
Dogs okay.  
Call or text Bridgit @ 239.728.1920

11/9 ★ TFN

## ANNUAL RENTAL

### ANNUAL RENTAL

**SANIBEL**  
Waterfront – 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home.

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Serving The Islands Rental Needs Since 1975  
**Gulf Beach Properties, Inc.**  
11/30 ★ TFN

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Complete Landscaping Services  
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New Client Special 10% OFF  
your Mulch Installation,  
Landscaping Project,  
or Tree Trimming Project.  
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4/13 ★ TFN

### HANDYMAN ON ISLAND

Power Washing, Odd Jobs, Errands, Clean Garages, Deck Staining, and more. Reasonable Rates. No job too small. Tom 203-807-2231

1/25 ★ 2/15

### 6 YARD DUMPSTER RENTAL DRIVEWAY SAFE! \$250

Great for remodels  
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2/1 ★ 2/22

### SCARNATO LAWN SERVICE

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scarnatolawn@aol.com

1/25 ★ TFN

### ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc. Call or text Roger 239-707-7203  
State License #13002788

4/20 ★ TFN

### ALTERATIONS BY HAZELLA

Reliable and Experienced  
Reasonable Prices  
Pick Up & Delivery Available  
239-472-8655

12/28 ★ TFN

## SERVICES OFFERED

### DOG SITTER

We are looking for a person who loves dogs to stay with our friendly, lovable English Setter 2-3 mornings a week, in March, for two hours. Fiona loves company and hates being alone. She is happy to enjoy TV with you in our condo on E. Gulf Drive. She especially loves HGTV! If you are interested in learning more please call 603-463-1063 and we can have a conversation.

Thank you,  
Peter and Carol in New Hampshire

2/8 ★ 2/15

## HELP WANTED

### CRICKET SHOP

Looking for seasonal sales help for women's store on Sanibel  
Call Jeff @ 239-992-4546

1/25 ★ TFN

### SANIBEL DELI

Kitchen help wanted  
Monday – Friday  
Days and afternoons  
472-2555

1/25 ★ 2/8

### 1962 SEEBURG JUKEBOX REPAIRMAN

Wanted: 1962 Seeburg Jukebox Repairman. Family heirloom, 3 gens. Minor repairs, last worked 2005. I have full schematics, know what is wrong. Knowledgeable tinkerers welcome.  
Call Rachel @ 239-728-7192.

2/8 ★ 2/8

### JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability  
Monday through Sunday.  
If interested call and ask for John, Norm Sarah 472-9300.  
1700 Periwinkle Way

5/6 ★ TFN

To advertise in the  
*Island Sun* and *The River Weekly News*  
Call 395-1213

## LOCAL AUTHOR SERIES

### NEW LOCAL FL AUTHOR

*Cooper's Moon Crime Thriller* – signed copy avail. at Baileys, Jerry's, MacIntosh, Amazon or Barnes & Noble/2nd in series will be avail mid-Feb. Local author, Dr. Richard Conrath: Former Catholic priest/headmaster of a rural Turkish school. Available for presentations.  
www.richardconrath.com  
727-644-6493

2/8 ★ 2/15

## LOST & FOUND

### LOST WEDDING RING

Woman's ring. Lost on Sanibel. 3 diamonds, white gold  
Very sentimental  
Please call or text if found  
Lisa 801-703-7647. Reward

1/18 ★ 2/8

## GARAGE SALE

### YARD SALE – MULTI-FAMILY

670 Emeril Ct. in East Rocks, Sanibel  
Bikes, furnishings, household items, art and more  
Friday & Saturday, February 15 & 16  
9 a.m. – 1 p.m.

2/8 ★ 2/8

### GARAGE SALE

3 household yard sale. Everything from blenders to bikes. Come by and check it out. Friday, Feb. 15 and Saturday, Feb. 16, 8 a.m. to 12 p.m. 1427 Sandpiper Circle, Sanibel (in the Dunes)

2/8 ★ 2/15

## Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



**SANIBEL BICYCLE CLUB**



# Alliance Partners With Brewery At Greenmarket

The Alliance for the Arts GreenMarket is partnering with Coastal Dayz Brewery on the second Saturday of every month to offer free beer samples. Visitors will have the unique opportunity to meet the brewers and learn about the ancient art of creating beers and ales from scratch. Beginning Saturday, February 9 at 10:30 a.m. Coastal Dayz will offer a selection of their more than a dozen varieties of handcrafted ales to the public for free tastings. Coastal Dayz Brewery is a craft micro-brewery located at 2161 McGregor Boulevard Unit E in downtown Fort Myers.

Alliance for the Arts GreenMarket is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit [www.artinlee.org](http://www.artinlee.org).

# Adopters Can Earn A Lifesaving Grant Award

The Petco Foundation and Lee County Domestic Animal Services (LCDAS) are asking pet adopters to join them in creating the World's Largest Valentine to shelter pets and the people who care for them. Participants who submit a photo or video valentine at [www.petcofoundation.org/love](http://www.petcofoundation.org/love) before February 13 will be eligible to win daily prizes, and will give LCDAS the chance to earn a \$1,000 daily grant award. At the end of the

submission period, if LCDAS receives the most valentines, it will be eligible for \$10,000 in lifesaving funds and 1,000 pounds of WholeHearted dog or cat food. When uploading photos, include "Lee County Domestic Animal Services" and the website address [www.leelostpets.com](http://www.leelostpets.com) to link the submission to the organization. On February 14, the Petco Foundation will deliver the final Valentine mosaic to more than 4,000 animal welfare organizations containing heartfelt thank you messages from supporters across the country. Representatives from the Petco Foundation will also be visiting some shelters in person with a special valentine delivery. For more information about LCDAS, visit [www.leelostpets.org](http://www.leelostpets.org). To learn more about the Petco Foundation

and the virtual valentine, visit [www.petcofoundation.org/love](http://www.petcofoundation.org/love) and use the hashtag #ShelterValentine. Congressman Francis Rooney will be the speaker at the monthly Fort Myers Republican Women's Club luncheon at The Helm Club at The Landings on Tuesday, February 19. Social hour begins at 11:15 a.m. followed by the noon lunch and the business meeting and program. Rooney will discuss current legislation being considered as well as future plans. He has been a strong advocate for clean water for the region. A question-and-answer session will be available after his

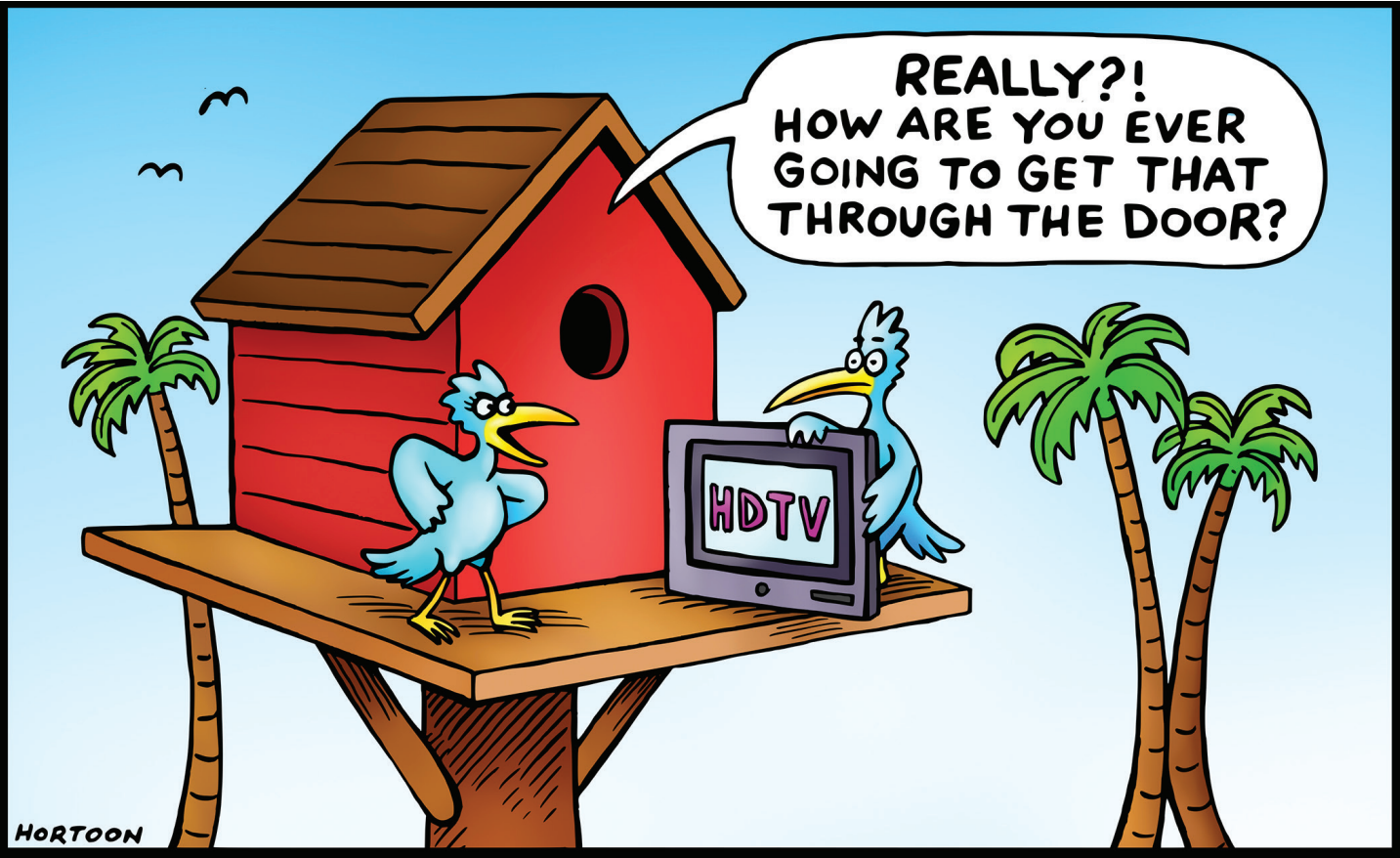
prepared remarks. Luncheon cost is \$20. Reservations are required. The Landings is located at 4420 Flagship Drive in Fort Myers. For more information, call Tina Laurie at 489-4701.

## SCRAMBLERS

1. Dredge; 2. Praise; 3. Admire; 4. Parted

Today's Word  
**RETIRED**

## HORTOONS



Share your community news with us.  
Call 395-1213  
Fax: 395-2299  
or email [press@islandsunnews.com](mailto:press@islandsunnews.com)

## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2018	5,782	\$11,300,000	\$10,250,000	65
Beach Homes	Captiva	1974	3,201	\$3,949,000	\$3,750,000	301
Gulf Cottages	Captiva	2001	3,576	\$2,995,000	\$2,800,000	4
Cortona	Miromar Lakes	2018	2,742	\$1,849,000	\$1,555,000	270
Woodsedge	Estero	2005	3,768	\$1,499,000	\$1,415,000	0
Harborage	Fort Myers	1991	4,660	\$1,179,900	\$1,099,000	22
Coconut Creek	Fort Myers	1997	4,122	\$849,000	\$775,000	161
Cypress Bend	Fort Myers	2014	2,845	\$789,000	\$749,000	126
Sea Oats	Sanibel	1997	2,233	\$749,000	\$730,000	98
Cape Coral	Cape Coral	2001	2,699	\$724,000	\$731,000	2



# TERRA NOSTRA

ITALIAN RISTORANTE

EST. 2008

Steaks • Seafood • Pastas • Italian Classics • International Wine List!



Sunday to Wednesday  
Early Dining from 4-5:30pm

Pasta for Two \$39  
1 Appetizer to Share, 2 Pasta Selections  
1 Dessert to Share  
(limited selection)



Every Thursdays  
Wine Bottles from Italy  
**\$10 Off**  
(limited selection)  
Purchase of Two Entrées Required

**PROUDLY OWNED AND MANAGED  
BY THE CACCIATORE FAMILY!**

## HAPPY HOUR & SMALL PLATES

MONDAY - FRIDAY 11:30AM To 5:30PM



SMALL PLATES START AT \$9



HOUSE WINE & DOMESTIC BEER

**SERVING LUNCH & DINNER**

Mon. - Fri. 11:30am - 10pm

Sat. & Sun. 4pm - 10pm

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